

# Commerce City Senior Commission 2025 Annual Update

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September 15, 2025  
Sue McGowan, Chair



# Who We Are

The Senior Commission is a group of volunteers coming together to serve the needs of Commerce City Senior Residents.

We consist of 8 voting members, 1 alternate members, 2 Ex-Officio members and 2 City Council Members. Together they bring a wealth of experience, knowledge and commitment to the Commission and its purpose.

## Please Meet Our Commissioners:

- Sue McGowan, Chair
- Mary K Natho, Vice-Chair
- Carli Plummer
- Carol Boyd
- Maria Zubiate
- Sue Boyd
- George Brooks
- Antonia Dell
- Tina Ledesma
- Gabriela Adeshewo
- Myrna Ferguson
- Councilmember Douglas
- Mayor Pro-Tem Noble
- VACANCIES (1 voting, 1 alternate, 1 ex-officio)

# What We Are About

## OUR MISSION

The Senior Commission's mission is to advise the City Council, foster greater understanding of senior citizens, encourage greater senior citizen participation in community issues, inform the community of available services, programs, and resources, and advocate for issues of importance of older adults.

- Duties of the Senior Commission:
  - ✓ Advocate on important issues facing senior residents;
  - ✓ Create informational guides;
  - ✓ Promote available senior resources;
  - ✓ Lead and participate in community service events;
  - ✓ Host informational events and seminars.



# 2025 GOALS

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# 2025 Goal #1



The Senior Commission will host the 4th Annual Senior Resource Fair with increased attendees, vendors, activities and educational content.

- ✓ Held Saturday, June 7 @ **Eagle Pointe Recreation Center**
- ✓ Over 130 attendees registered
- ✓ Partnered with Community Relations and PRG-Active Adults to include information on all applicable communication channels.
- ✓ Collaborated with local organizations to find 10 more vendors to participate than the previous year.



# 2025 Goal #2



The Senior Commission will host three Lunch & Learn events, and advocate for expanded communication with senior residents.



1<sup>st</sup> Completed on April 30. Presentation on Reverse Mortgages given by Edge Home Finance.



2<sup>nd</sup> Completed on July 16. Presentation by city staff, Jordan Roberts, on the ACT Program. Great success with over 20 attendees applying for program assistance!



3<sup>rd</sup> Scheduled on Sept. 24. – Anythink Library will join us to present their online catalog, issue library cards, and share about their library programs.



Lunch & Learns will continue to invite resource and nonprofit providers to share free to low-cost services and other important information.

# 2025 Goal #3



Goal #3: In 2025, the Senior Commission will conduct a service project that contains a social component.



Dance Through the Decades scheduled for Nov. 14 at Bison Ridge Recreation Center for 140 seniors, meeting the need of socialization for our senior community in a safe and fun environment.



Partnering with Community Well-Being on their Nominate a Senior holiday event.

# 2025 Goal #4



Continue to evaluate needs outlined in the Senior Needs Assessment.



Partner with Community Well-Being to help promote each other's projects and events.



Advocate more frequently at City Council meetings and follow up on progress of previous recommendations.



Invite City Council and other boards and commission members to Lunch and Learn events.



Publish Senior Needs Assessment for community.

*Needs more current data for true assessment.*



Survey the community at Lunch and Learn events.

# 2025

## Accomplishments and Continuation

### Thus far

- Partnering with NEW FT Senior Navigator and Community & Cultural Liaison
- 2 Lunch & Learn events – 1 at Bison Ridge & 1 at Eagle Pointe
- 4th Annual Senior Resource Fair – Eagle Point Recreation Center

### Still to Come

- 1 Lunch & Learns – Sept 24. @ Bison Ridge: Anythink Library
- Dance Through the Decades – Nov. 14 @ Bison Ridge
- Community Well-Being “Nominate a Senior” Holiday event – Dec. 19 @ Eagle Pointe



# 2025 SENIOR COMMISSION MOMENTS



# THANK YOU FOR YOUR SUPPORT

- **SENIOR COMMISSION VOLUNTEERS**
- **MAYOR STEVE DOUGLAS**
- **CITY COUNCIL**
- **PRG**
- **CITY STAFF (DEPTS)**
- **COMMUNITY WELL-BEING DEPT**

# QUESTIONS?