

Community Well-Being

October 14, 2025



Quality Community for a Lifetime





About Us

- Community Well-Being Division is a team of navigators that coordinate information and referral services, outreach, and programming to reach Commerce City residents needing services and support. This includes collaborating with both city departments and external/partner organizations and agencies.
- The Community Well-Being team develops programs, initiatives, and solutions to address poverty, homelessness, neighborhood and race equity to serve and elevate vulnerable populations.

Meet the Team

- Sarah Mondesire – Community Well-Being Manager
- Roxzana Martinez – Family & Seniors Supervisor
- Jerimie Olvera – Homelessness Supervisor
- Lizbeth Gomez Estrada – Community Navigator - Seniors
- Kelsey Medina – Community Navigator- Homeless Outreach
- Paulina Ursua Garcia – Health and Food Equity Navigator
- Gilberto Andrade – Housing Navigator
- Sandi Hernandez-Flores- Education & Employment Navigator
- Fabiola Prieto- Bilingual Administrative Specialist II



Community Navigator- Families

The Community Navigator-Families works with families at risk for homelessness or facing other challenges by learning about their situation, and finding resources that can help them avoid displacement.

How?

- Building relationships and proactively work with individuals and families experiencing housing insecurities to avoid homelessness
- Act as an advocate for city residents to ensure safety, stability and community
- Partner with agencies, non-profits, and community organizations to meet the community's needs
- Create and build programs unique to Commerce City to address needs



Walk-in hours for
Families in need of resources

Mondays | 8 a.m. - 12 p.m.
NEW LOCATION:
7190 Colorado Blvd. - 5th Floor
(SE corner of 72nd & Colorado)

Community Navigator- Seniors

The Community Navigator – Seniors provides support to seniors in need of resources, advocacy, and community information.

How?

- Referrals to resources to both internal and external organizations
- Assistance with applications for benefits
- Provide support with obtaining vital documents
- Additional support services based on needs

Walk-in hours and home visit availability.

SENIOR WALK-IN HOURS



Mondays

8 a.m. - 12 p.m.

**Active Adult Center at Bison
Ridge, 13905 E. 112th Ave.**



Wednesdays

8 a.m. - 12 p.m.

**Active Adult Center at Eagle
Pointe, 6060 E. Parkway Dr.**



Community Navigator-Homeless Outreach

Our outreach initiatives provide essential services to individuals and families experiencing homelessness.

- **Safe Parking Program:** Offers a safe place to park for individuals & families experiencing homelessness.
- **Yahweh Health Clinic (YHC):** A group of medical volunteers helping conduct health services to people experiencing homelessness.
- **DMV 2 GO:** Mobile service providing DMV resources at no cost to the Commerce City Community.
- **Walk-In Services:** Immediate in-person support for housing navigation, food, and other basic and critical needs.
- **Street Outreach:** Going to where the people are with YHC providers and volunteers to provide services and resources to individuals experiencing homelessness.



**COMMUNITY NAVIGATORS
FOR HOMELESS OUTREACH**

WALK-IN HOURS*
Every Wednesday: 8 a.m. to 12 p.m.

- Basic needs assistance
- Vital document support
- Additional support services
- Benefit applications
- Shelter and housing navigation

*Ask to meet with a Homelessness Navigator at the front desk. Please note that we can assist a limited number of clients each week and the sign-in list may close early.


South Platte Building at 7190 Colorado Blvd., 5th Floor
(Southeast corner of 72nd and Colorado Blvd.)

 720-769-5772  outreach@c3gov.com


Commerce CITY
COMMUNITY WELL-BEING

The Community Well-Being Division collaborates with city departments and organizations to help provide resource information, referral services, and support for individuals and families in need within Commerce City.

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Community Navigator- Housing

Our Housing Navigation program aims to guide individuals and families through every step of their housing journey—from finding a safe place to call home to maintaining long-term housing stability.

- We provide personalized housing needs assessments to better understand each person's unique needs and match them with the most suitable resources.
- Hands-on application support, helping clients navigate rental listings, complete paperwork, gather required documentation, and connect with landlords.
- We empower clients with the knowledge and tools to understand their rights, responsibilities, and how to be successful renters.
- For those facing housing instability or conflict, we provide tenant mediation services to promote communication and resolution between tenants and landlords.
- Our housing stabilization services offer continued support after move-in, including referrals to financial assistance, employment resources, and community programs to ensure long-term success.

HOUSING NAVIGATION



Are you experiencing housing instability in Commerce City? We can help!

Community Well-Being Division's Housing Navigation Program provides:

- Individual housing needs assessment
- Tenant education
- Application process support
- Housing stabilization services
- Tenant-landlord mediation/liaison services
- Additional support services

Schedule an appointment today!

 720-769-1098 ext. 305

 South Platte Crossing Building
7190 Colorado Blvd., 5th Floor

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Commerce
CITY
COMMUNITY
WELL-BEING



Education + Employment Navigator

Assess community needs and connect residents to employment and educational opportunities within Commerce City.

- GED Preparation Program with Metropolitan State University
 - Available in both English and Spanish at no cost
 - Hybrid Model with 4 hours of online homework
 - Childcare is provided
 - Spring dates and times are TBD
- C3 Promise Program:
 - Obtain free education by pursuing an eligible short-term certificate at Community College of Aurora
 - Free English classes at CCA
- Workforce: Help clients with employment search navigation, resume tailoring, application support, obtain professional clothing, and career development tools

COMMERCE CITY
promise
WHERE WE INVEST IN YOU

Commerce City Promise is a groundbreaking partnership between the City of Commerce City and the Community College of Aurora (CCA) that provides no-cost access to short-term credential programs in high-demand industries.

WHAT YOU CAN STUDY
Classes align with local workforce demands and offer credential programs in:

- Construction
- English as a Second Language (ESL)
- Information Technology (IT)
- Healthcare & Nursing
- Logistics
- Manufacturing

Programs are designed to lead to living-wage jobs—with earnings starting at \$51,000/year or more.

WHO IS ELIGIBLE?

- All Commerce City residents.
- Eligibility is based on residency and acceptance into an approved program at CCA.
- Students are automatically enrolled once accepted into a qualifying program, no separate application required.

HOW IT WORKS

- 1 Apply to an eligible short-term program at the Community College of Aurora.
- 2 Once accepted, you're automatically enrolled in the Commerce City Promise.
- 3 No tuition or additional application steps are necessary.
- 4 Students receive personalized support through:
 - CCA's education and career services
 - Commerce City's Community Well-being Services

Learn more at → c3gov.com/Promise

Apply today

COMMUNITY COLLEGE OF AURORA





Community Navigator- Health & Food Equity

- Build partnerships with organizations and agencies that increase food and health care access and services in Commerce City
- Organize opportunities for nutrition, health, and wellness education in the community
- Connect individuals to resources and services to meet their health and food needs
- Programming to support community members immediate basic needs and establish longer-term plans



Tuesday Resource Roundup

Resource Roundup was created to make information about community resources more accessible and easier to navigate. Each month we bring in an expert to share information and answer questions on topics and themes that affect Commerce City residents.

RESOURCE ROUNDUP

Enjoy light refreshments and snacks in this series where experts share information about answer questions on community resources. These classes are free, but space is limited.

TUE., JULY 8
10 - 11 A.M.

Colorado Gerontological Society

Colorado Gerontological Society in partnership with SeniorAnswers will be presenting an overview on the State of Colorado's Senior Housing Income Tax Credit at Bison Ridge Recreation Center, 13905 E. 112th Ave.

TUE., AUG. 12
10 - 11 A.M.

The Holding Group

Learn about the Colorado's GUIDE program, which assist with understanding and providing support to individuals with Dementia at Eagle Pointe Recreation Center, 6060 Parkway Dr.

TUE., SEPT. 9
10 - 11 A.M.

Howell Law

Learn about the roles and responsibilities of Guardianships and Conservatorships in Colorado at Bison Ridge Rec Center, 13905 E. 112th Ave.

TUE., OCT. 14
10 - 11 A.M.

Community Well-Being Division

Meet the Community Well-Being team and learn about the different services their navigators offer at Eagle Pointe Recreation Center, 6060 Parkway Dr.

TUE., NOV. 18
10 - 11 A.M.

Servicios de la Raza

Servicios De La Raza will be presenting on their programs and services to include essential community support, health services, youth programs, workforce development and more at Bison Ridge Rec Center, 13905 E. 112th Ave.

TUE., DEC. 9
10 - 11 A.M.

Early Childhood Partnership

Join the Early Childhood Partnership of Adams County to learn about how they are cultivating an effective early childhood ecosystem for children from birth through age five and their families at Eagle Pointe Recreation Center, 6060 Parkway Dr.

Transportation will be available with pickup locations at Madonna Plaza, Kearney Plaza, and alternating recreation centers.



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Back-to-School Event

Our Back-to-School Backpack Giveaway event was created to help ease financial burdens and ensure that students in our city start the school year prepared and confident.

Each year we provide free backpacks pre-filled with essential school supplies to help support students and parents with the hope of setting up families for a successful school year.

In 2025, we gave out 700 backpacks!





Community Well-Being Resource Fair

The Community Well-Being Annual Resource Fair is an event that brings together a variety of resources and services to support individuals and families in our community. Our hope is to create a one-stop-shop bringing together resources to help uplift the lives of residents on all walks of life.

SECOND ANNUAL COMMUNITY WELL-BEING RESOURCE FAIR

Friday, May 2 | 12 - 4 p.m.
Our Lady Mother of the Church, 6690 E. 72nd Ave.



*Together, we'll build a stronger, more resilient community.
Everyone is welcome! FREE lunch will be provided.*

Discover support and resources tailored to your needs

- Benefits Assistance/Enrollment
- Mental Health/ Behavioral Health Services
- Education & Employment Resources
- Health Care Enrollments/Screenings
- Substance Treatment Referrals
- Family & Senior Services
- Homelessness Resources
- ID Retrieval & More!



For more information, contact CWB@c3gov.com or 720-769-5772

Project Present Holiday Meals

- CWB annual partnership with Commerce City's Youth Services.
- Project Present sponsors nominated children for gift wish list.
- CWB provides meal bags for families.
- In 2024, CWB was able to provide meals bags for 179 families.



Monthly Health Campaigns

- Community outreach events that provide services, resources, and information relating to health and well-being.
- Different theme each month, typically aligning with national health campaigns.
- Past events: blood drive, free blood pressure screenings, prostate conditions screening, and older adult nutrition bingo.





The Well

- 2nd Friday of the month @ 180 Community Church
 - 11 am – 1 pm
- Free warm meal
- Free clinic on site through Yahweh Health Clinic
- CWB navigators present
- Other resources and partners present include:
 - Dental care, sober living, free haircuts, and more!



PLEASE JOIN US FOR A
REPLENISHING FREE COMMUNITY MEAL

THE WELL

PROVIDED BY THE COMMUNITY WELL-BEING DIVISION
IN PARTNERSHIP WITH 180 COMMUNITY CHURCH

Second Friday of every month
11 a.m. - 1 p.m.

Our Saviour Lutheran Church, 6770 Monaco St.



Now featuring a free
pop-up health clinic



one eighty
COMMUNITY CHURCH



Questions? Contact 720-769-5772 or visit c3gov.com/CWB

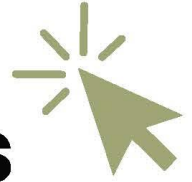


Digital Literacy Courses

- In partnership with Servicios de la Raza
- New cohort begins monthly with the opportunity for 1:1 lessons for more in-depth questions
- All materials are provided

NOW ENROLLING

Free Digital Literacy Classes



In partnership with Servicios de la Raza



**Call
720-769-5772
to register!**
**Space is limited*

WHAT YOU'LL LEARN

- Turning on and using a computer
- Internet safety
- Creating and editing documents
- Sending emails
- Searching and applying for jobs online

**Materials provided*



c3gov.com/CWB



Where to Find Us?

Located at the South Platte Crossing Building on the southeast corner of 72nd Ave & Colorado Blvd. ([7190 Colorado Blvd on the 5th floor](#)).

Along the Community Well-Being Division, on the 5th floor you can find partner organizations like [Benefits in Action](#), [Black Parents United Foundation](#), [Family Promise of Greater Denver](#), and [Servicios De La Raza](#).

