



## Legislation Text

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**File #:** Proc 18-15, **Version:** 1

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Proclamation declaring May 2018 as Mental Health Month

**Summary and Background Information:**

Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health. Everyone is affected by mental health with one in four Coloradans experiencing mental health conditions or substance use disorders, or both, each year.

Colorado communities are stronger and healthier with robust, local mental health services from prevention and wellness through treatment and recovery. People in recovery sharing their stories lift the stigma against mental health conditions and substance use disorders which opens pathways to peer support and a full continuum of mental health services and increased access to comprehensive mental health resources statewide will prevent the inappropriate use of jails to house Coloradans in mental health crisis.

Colorado continues to increase access to mental health services that contribute to the promotion of a healthier state.

**Staff Responsible (Department Head):** Laura Bauer

**Suggested Motion:** I move to approve proclamation 18-15 declaring May as Mental Health Month.