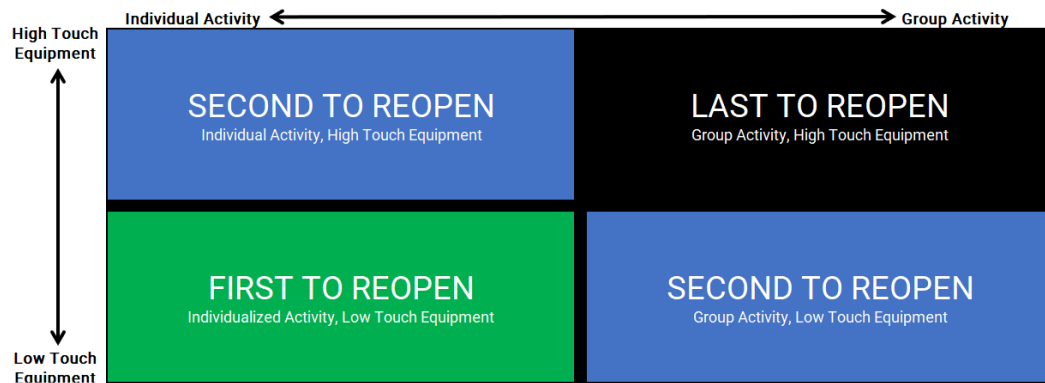




### **Recreation Division COVID-19 Operation Strategy**

The goal of the Recreation Division is to offer our programs and services to our community in full compliance set forth by the Center for Disease Control, Federal, State, and Tri-County Health regulations. We understand how critical access to parks, recreation, and open space influence the health and wellbeing of our community. The impacts of health and wellbeing are social, emotional, physical, mental and economic impacts. To accomplish providing safe programs and services to our community, Parks, Recreation, & Golf is implementing a staggered operation of programs and services based on a phase approach of four phases.

The foundational framework for the development of a deliberately phased approach to reopening has been created based on level of commonly contacted surfaces (“high touch”) and typical attendance of the type of activity (“individual” vs “group”). You can see framework illustrated in the diagram below.



Individual activities not involving shared equipment would be in the first phase of the reopening process. Group activities involving shared equipment and high chance of transmission of COVID-19 would be in the second and third phase of the reopening process. Additionally, staff is developing and changing activities/programs offered to reduce the chance of transmission of COVID-19 that might allow second and third phase activities to shift to earlier phases.

The phases are to be fluid, allowing staff discretion to make operational decisions as needed to protect the safety and wellbeing of patrons and staff. The phases will also be in cooperation with other guiding policy and procedures set forth by the City. Moving to each phase will be determined based on data given from Center for Disease Control, Federal, State, and Tri-County Health regulations.

The phases are as follows:



**PHASE ONE**

Generally acceptable individual activities	Protocols prescribed
<b>Trail Use – Hiking, Biking, Jogging</b> <b>Skate Parks</b> <b>Golf</b> <b>Park and Open Space Access</b> <b>Recreation facilities – Personal training</b> <b>Summer camp</b> <b>Virtual fitness</b>	Continue social distancing Retain signage encouraging social distancing Monitor use, breaking up congregations Outdoor rest rooms remain closed Playgrounds remain closed Picnic/shade pavilions remain closed

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**Recreation Centers**

- All Recreation facilities are closed.
  - Option of having one on one personal training.
  - All registration delayed or postponed (programs, shelters, cabanas, field rentals, community rooms, etc).
- 

**Aquatics**

- No aquatics operations
- 

**Active Adults**

- Active adult center closed to the public.
  - All day trips remain canceled.
  - No drop-in programs.
  - All events canceled/postponed.
  - Develop ways to train active adults how to use digital streaming platforms.
  - Design engaging programs using Zoom, Facebook Live.
  - Host Virtual “Coffee with Staff?”
  - AA Committee meetings hosted virtually.
  - Making phone calls to active users.
-

### Gymnastics

- All gymnastics programs cancelled.
  - Virtual options for conditioning programs.
- 

### Dance

- All gymnastics programs cancelled.
  - Virtual options for conditioning programs.
- 

### Youth Camp

Determining Summer Camp sites and when they will open will be based on the most current guidance from the Centers for Disease Control and Prevention (CDC), the Colorado Department of Public Health and Environment (CDPHE) and Tri County Health.

#### **Phase 1**

- Determine camp sites that meet State of Colorado Child Care licensing standards.
- Determine needs of camp registrants through an e-mail with survey.
- Define daily camp schedules for each group as children will be kept in groups of 10 with 2 leaders to participate in various activities utilizing defined indoor and outdoor spaces.
- Cancel all field trips.
- Educate staff on CDC guidelines for Day Camps.
- Determine days and times camp programs will be offered.
- Monitor absenteeism and have a roster of trained back-up staff.
- Designate a staff person to be responsible for responding to COVID-19 concerns. Employees should know who this person is and how to contact them.
- Ensure that student and staff groupings are as static as possible by having the same group of children stay with the same staff (all day for young children, and as much as possible for older children).
- Restrict mixing between groups.
- Limit gatherings, events, and extracurricular activities to those that can maintain social distancing, support proper hand hygiene, and restrict attendance of those from higher transmission areas.
- Restrict nonessential visitors, volunteers, and activities involving other groups at the same time.
- Space seating/desks to at least six feet apart.
- Close communal use spaces such as dining halls and playgrounds if possible; otherwise stagger use and disinfect in between use.
- Stagger arrival and drop-off times or locations, or put in place other protocols to limit direct contact with parents as much as possible.
- Create social distance between children on vehicles where possible.
- Implement screenings safely, respectfully, as well as in accordance with any applicable privacy laws or regulations.
- Encourage staff to stay home if they are sick and encourage parents to keep sick children home.
- Encourage staff or children who are sick to stay at home.
- Identify an isolation room or area to separate anyone who exhibits COVID-like symptoms.



- Establish procedures for safely transporting anyone sick home or to a healthcare facility.
  - Notify local health officials, staff, and families immediately of a possible case while maintaining confidentiality.
  - Close off areas used by a sick person and do not use before cleaning and disinfection. Wait 24 hours before you clean and disinfect. If it is not possible to wait 24 hours is, wait as long as possible. Ensure safe and correct application of disinfectants and keep disinfectant products away from children.
  - Specialty camps cancelled.
- 

#### **Adventure Trek**

- Adventure Trek Cancelled
  - We do not have access to our Second Creek site location. This is a licensed program and we cannot move them to Bison Ridge Recreation Center due to the facility not being licensed.
  - Adventure Trek is off site every day on field trips. With locations closed, we have to cancel all field trips. This limits the quality of the program.
  - Virtual programs offered.
- 

#### **Teen Programs**

- Teen programs cancelled.
  - Virtual programs offered.
- 

#### **Preschool Programs**

- Preschool programs cancelled.
  - Virtual programs offered.
- 

#### **Family and Special Events**

- Family and special events cancelled.
- 

#### **Pickle ball**

- Pickle ball cancelled.
- 

#### **Batting Cages**

- Batting cages closed.
- 

#### **Adult Softball**

- Adult softball program cancelled.
-



#### **Trail Rentals**

- Trail rentals cancelled.
  - Drop in use only.
- 

#### **Field Rentals**

- Field rentals cancelled.
  - Post signs encouraging social distancing.
- 

#### **Shelter Rentals**

- Shelter rentals cancelled.
  - Post signs encouraging social distancing.
- 


#### **Youth Sports**

##### **Youth baseball, basketball, flag football, soccer, volleyball**

- Youth sports programs cancelled.
  - Virtual programs offered.
- 

#### **Fitness/Wellness**

- All fitness/wellness programs cancelled.
- Virtual fitness offered.
- Wellbeats virtual offered.



#### **PHASE TWO**

<b>Generally acceptable individual activities</b>	<b>Protocols prescribed</b>
<b>All activities included in Phase One</b> <b>Recreation Centers</b> <b>Indoor pool</b> <b>Virtual fitness</b>	Continue social distancing Retain signage encouraging social distancing Monitor use, breaking up congregations



In phase two certain activities, when modified, and offered with specific safety protocols can be provided to the public. Those modifiable activities with amended protocols are listed below in each category.

---

### Recreation Centers

## Phase 2A

- Recreation centers open with modified access
  - Cardio – Open
  - Free Weight – Open
  - Selectorized – Open
  - Track – Closed
  - Track Workout (BR) - Closed
  - Upstairs HITT (EP) – Closed
  - Outside HITT (BR) – Closed (Open for personal training)
  - Group Exercise Rooms/Cycle Studio – Closed
  - Gym – Closed
  - Racquetball Courts (EP) – Closed
  - Drop-in Child Care – Closed
  - Community/Conference Rooms (rentals) – Closed
  - Tech Lab – Closed
  - Game Room (EP) – Closed
  - Lobby Area/Open Seating – Closed
  - Restrooms – Open
  - Family Changing Rooms – open (no showers)
  - Locker rooms – Closed
  - Active Adult Center (EP) - Closed

### RECREATION CENTERS HOURS OF OPERATION/PATRON CAPACITY

The recreation center will open in block scheduling to allow for cleaning between workout blocks. The block schedule and closing in between will allow staff to disinfect and keep the building safe for staff and users alike.

- Open 6 days of the week (with modified hours).
  - Staff will be stationed throughout the building to clean/disinfect. (2-3 high touch areas ex. Cardio/weight room; 1-2 low touch).
- An hour between workout blocks is necessary to disinfect properly. With limited cleaning supplies, staff will need to be detailed with proper cleaning methods; each piece of equipment/weights will be cleaned individually.
  - The schedule for the recreation centers is as follows:

Monday – Thursday	Friday	Saturday
6:30am Staff arrive for open	6:30am Staff arrive for open	6:30am Staff arrive for open
7:00-8:30 Patron Use	7:00-8:30 Patron Use	7:00-8:30 Patron Use
8:30-9:30 Disinfect	8:30-9:30 Disinfect	8:30-9:30 Disinfect
9:30-11:00 Patron Use	9:30-11:00 Patron Use	9:30-11:00 Patron Use
11:00-12:00pm Disinfect	11:00-12:00pm Disinfect	11:00-12:00pm Disinfect

12:00-1:30 Patron Use	12:00-1:30 Patron Use	12:00-1:30 Patron Use
1:30-2:30 Disinfect	1:30-2:30 Disinfect	1:30-2:30 Disinfect
2:30-4:00 Patron Use	2:30-4:00 Patron Use	2:30-4:00 Patron Use
4:00-5:00 Disinfect	4:00-5:00 Disinfect	4:00 Disinfect
5:00-6:30 Patron Use	5:00-6:30 Patron Use	
6:30-7:30 Disinfect	6:30 Disinfect	
7:30-9:00 Patron Use		
9:00 Disinfect		

- Use of the building for membership/drop in use is limited and by ACTIVENET sign up only.
  - Sign up is for individual only, not the entire family. Must sign up each individual separately.
  - No walk-ins for cancelations/no shows.
  - Reservation will end the day before scheduled block (or until full), 8PM.
- The maximum capacity for the cardio/weight area will be 20 people. This number allows for proper social distancing measures and does not overcrowd the area, allowing for appropriate use.
- Gymnasium – Closed
- Racquetball – Closed
- Patron can show anytime during block but must leave facility at the end time of the scheduled block time.
- Only one reservation per day for either facility.
- All patrons will be required to wear a mask while in the lobby area, encouraged to wear while using the facility. Patron will be required to wear a mask if directly speaking with a staff member.
- Signage will be placed for social distance in all areas.
- Patrons will be encouraged to bring own sanitizer.
- Patrons will be encouraged to bring own filled water bottles.
- Locker rooms - Closed
- Restrooms open for patron/employee use only.
- CDC signs posted to encourage hand washing.
- Sinks taped off to create social distance.
- Urinals taped off to encourage social distance.
- Equipment will not be available for check out. Basketballs, racquets, racquetballs, etc.
- Cleaning/Disinfecting protocol will be established for weight/cardio use.
- Cleaning/Disinfecting protocol will be established for workstations at front desk.
- All staff will be required to wear masks.
- All staff will be required to gloves (if available).
- All staff will be required to maintain social distance.
- Signs will be posted stating no social gathering is allowed in lobby.
- Lobby furniture will be sectioned off or removed to prevent gathering.

#### **Free Weight/Cardio/Selectorized Area**

- Every other cardio equipment will be unavailable to keep distance.
- Benches will be spaced out in dumbbell area to keep distance.
- Selectorized equipment will be spaced out to keep distance.
- Free weights will be spaced out to keep distance.
- Certain pieces of equipment will taken off floor to help create distance.



- Areas will be taped off to keep distance.
- Patrons will be asked to spray/wipe down equipment before and after use.
- Increase the number of spray bottles with disinfectant and towels.
- Will try to increase gym wipes (as product becomes available).
- Create limit of time using a specific free weight and selectorized equipment to prevent one person using that area the whole time.
- Create limit of time, 45 minutes, using cardio equipment to allow for others to use, if necessary.
- Remove all porous gym equipment i.e. foam rollers, mats, battle ropes, bungees, ropes, etc.

#### **Track**

- Closed.

#### **Gym**

- Closed

#### **Racquetball Courts**

- Closed

#### **Community Rooms/Conference Rooms**

- Closed.

### **Phase 2B**

- Recreation centers open with modified access
  - Cardio – Open
  - Free Weight – Open
  - Selectorized – Open
  - Track – Closed
  - Track Workout (BR) – Open
  - Upstairs HITT (EP) – Open
  - Outside HITT (BR) – Open
  - Group Exercise Rooms/Cycle Studio – Personal training
  - Gym – Open
  - Racquetball Courts (EP) – Open/ one person only
  - Drop-in Child Care – Closed
  - Community/Conference Rooms (rentals) – Closed
  - Tech Lab – Closed
  - Game Room (EP) – Closed
  - Lobby Area/Open Seating – Closed
  - Restrooms – Open
  - Family Changing Rooms – Open, no showers
  - Locker rooms – Closed
  - Active Adult Center (EP) - Closed





## RECREATION CENTERS HOURS OF OPERATION/PATRON CAPACITY

The recreation center will open in block scheduling to allow for cleaning between workout blocks. The block schedule and closing in between will allow staff to disinfect and keep the building safe for staff and users alike.

- Open 7 days of the week (with modified hours).
  - Staff will be stationed throughout the building to clean/disinfect. (2-3 high touch areas ex. Cardio/weight room; 1-2 low touch).
- An hour between workout blocks is necessary to disinfect properly. With limited cleaning supplies, staff will need to be detailed with proper cleaning methods; each piece of equipment/weights will be cleaned individually.
  - The schedule for the recreation centers is as follows:

Monday – Friday	Saturday	Sunday
4:30 Staff arrive for opening	6:30am Staff arrive for opening	7:30am Staff arrive for opening
5:00-6:30 Patron Use	7:00-8:30 Patron Use	8:00-9:30 Patron Use
6:30-7:30 Disinfect	8:30-9:30 Disinfect	9:30-10:30 Disinfect
7:30-9:00 Patron Use	9:30-11:00 Patron Use	10:30-12:00 Patron Use
9:00-10:00 Disinfect	11:00-12:00 Disinfect	12:00-1:00 Disinfect
10:00-11:30 Patron Use	12:00-1:30 Patron Use	1:00-2:30 Patron Use
11:30-12:30 Disinfect	1:30-2:30 Disinfect	2:30-3:30 Disinfect
12:30-2:00 Patron Use	2:30-4:00 Patron Use	3:30-5:00 Patron Use
2:00-3:00 Disinfect	4:00-5:00 Disinfect	
3:00-4:30 Patron Use	5:00-6:30 Patron Use	
4:30-5:30 Disinfect		
5:30-7:00 Patron Use		
7:00-8:00 Disinfect		
8:00-9:30 Patron Use		

- Use of the building for membership/drop in use is limited and by ACTIVENET sign up only.
  - Sign up is for individual only, not the entire family. Must sign up each individual separately.
  - No walk-ins for cancelations/no shows.
  - Reservation will end the day before scheduled block (or until full), 8PM.
- The maximum capacity for the cardio/weight area will be 25 people. This number allows for proper social distancing measures and does not overcrowd the area, allowing for appropriate use.
- Gymnasium – by reservation only for one person/family per rim (no pickle-ball/volleyball).
  - Gym/Racquetball will be phone in, starting the day before.
- Racquetball – by reservation only for one person per court.
- Patron can show anytime during block but must leave facility at the end time of the scheduled block time.
- Only one reservation per day for either facility.
- All patrons will be required to wear a mask while in the lobby area, encouraged to wear while using the facility. Patron will be required to wear a mask if directly speaking with a staff member.
- Signage will be placed for social distance in all areas.
- Patrons will be encouraged to bring own sanitizer.
- Patrons will be encouraged to bring own filled water bottles.



- Locker rooms will not be open for showers; patrons will be encouraged to come prepared to work out. No re-entrance.
- Restrooms open for patron/employee use only.
- CDC signs posted to encourage hand washing.
- Sinks taped off to create social distance.
- Urinals taped off to encourage social distance.
- Equipment will not be available for check out. Basketballs, racquets, racquetballs, etc.
- Cleaning/Disinfecting protocol will be established for weight/cardio use.
- Cleaning/Disinfecting protocol will be established for workstations at front desk.
- All staff will be required to wear masks.
- All staff will be required to gloves (if available).
- All staff will be required to maintain social distance.
- Signs will be posted stating no social gathering is allowed in lobby.
- Lobby furniture will be sectioned off or removed to prevent gathering.

#### **Free Weight/Cardio/Selectorized Area**

- Every other cardio equipment will be unavailable to keep distance.
- Benches will be spaced out in dumbbell area to keep distance.
- Selectorized equipment will be spaced out to keep distance.
- Free weights will be spaced out to keep distance.
- Certain pieces of equipment will taken off floor to help create distance.
- Areas will be taped off to keep distance.
- Patrons will be asked to spray/wipe down equipment before and after use.
- Increase the number of spray bottles with disinfectant and towels.
- Will try to increase gym wipes (as product becomes available).
- Create limit of time using a specific free weight and selectorized equipment to prevent one person using that area the whole time.
- Create limit of time, 45 minutes, using cardio equipment to allow for others to use.
- Remove all porous gym equipment i.e. foam rollers, mats, battle ropes, bungees, ropes, etc.

#### **Track**

- Closed.

#### **Gym**

- Allow one person/family to use one rim. (Drop in reservation only).
- No basketball for check out.
- Raise the main court rims (2) to help keep distance.
- Remove bleachers to prevent gathering.
- Remove chairs to prevent gathering.
- Pickle ball – League only.

#### **Racquetball Courts**

- Available to book for one person per court.

#### **Community Rooms/Conference Rooms**

- Closed.

### Aquatics

#### **Use of aquatic facilities**

- Introduce lap swimming, water walking and potentially family swimming lessons.
  - Lifeguards required to wear masks during shift, removing them only upon performing a rescue.
  - Water Walking allowed in River of Bison Ridge (max of 6 users) and Therapy Pool at Eagle Pointe (max of 8 users).
  - Lap swimming allowed in lap lanes at both facilities, limited to one **(1)** user per lane.
  - Family swim lessons will consist of a max of three **(3)** families in one lesson, no more than 5 per family. Families will be properly distanced from each other and the instructor. Upon direction from the instructor, families will work on skills together. Similar to lap swim, families will each have a designated area to store their belongings during the lesson. Disinfection occurs between each lesson time.
  - Signs will be posted at each use area for the appropriate activities and expectations. In conjunction with the signs, different colored traffic cones will signify the activity areas.
  - Disinfection equipment will be placed poolside. A discard barrel will be placed on deck for any equipment after it is used. Items in the discard barrel will be properly disinfected at multiple intervals throughout the day.
  - Open swim with a maximum of 20 may occur is feasible.
- 

### Active Adults

- Active adult center closed to public.
  - Day Trips remain canceled – look into hosting “on-site day trips” with venues bringing programming to our residents.
  - Limited program (drop-in) activities will be offered; must be able to adhere to social distancing guidelines.
  - Large events remain canceled/postponed; evaluate smaller events to determine viability.
  - Introduce programs that can be safely conducted in outdoor environment.
  - Design group walks with social distancing.
  - Invite Community resource partners back to center (monthly visits from nurse, screenings, County support services).
  - Begin hosting in-person/zoom Advisory Committee meetings with social distancing measures in place.
- 

### Gymnastics

- Team program and one-on-one private lessons.
- Self-report symptoms for participants and coaches.
- Hand-sanitation at the entry of the gymnastics gym prior to entry and as exiting.
- Facility limited to two groups of 10 gymnasts at one time (large gymnastics room space)
- 2 coaches per 10 athletes.
- Gymnast shall follow 6-ft distancing rules. No spotting permitted. Verbal coaching only.



- Facility cleaning between classes and when rotating events (all athletes shall wash hands in bathroom while coaches wipe down equipment that was used in preparation for the next group to use it).
- Place panel mats down to cover floor ex carpet.
- No uneven bars.
- No foam pit.
- Class will revolve around a conditioning program.
- Traffic patterns for moving from station to station and entry in and out of the gym.
- Individual entrance and exit times. – Students may bring nothing in with them so that it is quick in and out (come dressed to go).
- Guide athlete and parent expectations of classes (not the same as what is normally expected). Handout, list how often we are cleaning, wearing masks, enter/exit hand sanitizer and release times, clean between events and wash hands, no spotting, more fitness and drills.
- No spectator area – drop off only.
- Example of class schedule:

	Monday	Tuesday	Wednesday	Thursday	Friday
5:30-7 pm	C1 & C2	C3 & C4	C1 & C5	C3 & C4	C2 & C5
7-7:30 pm	Clean				
7:30-9 pm	O1 & O2	O3 & O4	O1 & O2	O3 & O4	
9-9:30 pm	Clean				

\*C = Compulsory Gymnasts

\*O = Optional Gymnasts

\*80 members divided into groups of 10 athletes each group practices 1.5 hours 2X per week.

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### Dance

With the complexities of gymnastics programs, phase 2 will have a phase 2A and 2B.

#### **Phase 2a**

- Virtual classes offered due to size of dance room, and normally lower numbers in the summertime program.
  - Video tape dance instructors doing a class and then post it on line for our participants to follow along to remotely.

#### **Phase 2B**

- Older age group classes 5+. (too difficult to get 3 and 4 year olds to stay in place for social distancing).
- Hand-sanitation prior to entry and as exiting.
- Bison Ridge Classes @ 4 students based on room size, Eagle Point @ 7.
- Dancers shall follow 6-ft distancing rules.
- Facility cleaning between classes, wipe down all surfaces.
- Only standing movement, no floor touching with hands.



- Longer more spread out lines.
  - Individual entrance and exit times. – Students may bring nothing in with them so that it is quick in and out (come dressed to go).
  - No spectator area – drop off only.
- 

### **Youth Camp**

Determining Summer Camp sites and when they will open will be based on the most current guidance from the Centers for Disease Control and Prevention (CDC), Governor Polis, the Colorado Department of Public Health and Environment (CDPHE) and Tri County Health.

- Determine camp sites that meet State of Colorado Child Care licensing standards.
  - Determine needs of camp registrants through an e-mail with survey.
  - Define daily camp schedules for each group as children will be kept in groups of 10 with 2 leaders to participate in various activities utilizing defined indoor and outdoor spaces.
  - Cancel all field trips.
  - Educate staff on CDC guidelines for Day Camps.
  - Determine days and times camp programs will be offered.
  - Monitor absenteeism and have a roster of trained back-up staff.
  - Designate a staff person to be responsible for responding to COVID-19 concerns. Employees should know who this person is and how to contact them.
  - Ensure that student and staff groupings are as static as possible by having the same group of children stay with the same staff (all day for young children, and as much as possible for older children).
  - Restrict mixing between groups.
  - Limit gatherings, events, and extracurricular activities to those that can maintain social distancing, support proper hand hygiene, and restrict attendance of those from higher transmission areas.
  - Restrict nonessential visitors, volunteers, and activities involving other groups at the same time.
  - Space seating/desks to at least six feet apart.
  - Close communal use spaces such as dining halls and playgrounds if possible; otherwise stagger use and disinfect in between use.
  - Stagger arrival and drop-off times or locations, or put in place other protocols to limit direct contact with parents as much as possible.
  - Create social distance between children on vehicles where possible.
  - Implement screenings safely, respectfully, as well as in accordance with any applicable privacy laws or regulations.
  - Encourage staff to stay home if they are sick and encourage parents to keep sick children home.
  - Encourage staff or children who are sick to stay at home.
  - Identify an isolation room or area to separate anyone who exhibits COVID-like symptoms.
  - Establish procedures for safely transporting anyone sick home or to a healthcare facility.
  - Notify local health officials, staff, and families immediately of a possible case while maintaining confidentiality.
  - Close off areas used by a sick person and do not use before cleaning and disinfection. Wait 24 hours before you clean and disinfect. If it is not possible to wait 24 hours is, wait as long as possible. Ensure safe and correct application of disinfectants and keep disinfectant products away from children.
  - Specialty camps cancelled.
-



### **Adventure Trek**

- Adventure Trek Cancelled
  - Virtual programs offered.
  - Outside programs offered.
- 

### **Teen Programs**

- Indoor teen programs cancelled.
  - Outdoor teen programs will occur with social distancing guidelines and where applicable (contract, transportation, and tri county guidelines).
  - In the programs that we are suggesting we can limit group sizes as well as limit supplies offered to each individual. Each participant will have their own supplies and will not be sharing equipment.
  - These are outdoor programs where we can highly recommend social distancing in spaces available.
- 

### **Preschool Programs**

- Preschool programs cancelled.
  - Virtual programs offered.
- 

### **Family and Special Events**

- Family and special events cancelled.
  - Virtual programs offered.
- 

### **Pickle ball**

- Pickle ball – league only.
- 

### **Batting Cages**

- Batting cages open.
- No rentals for groups over 4. No teams.
- Sanitized daily and include usage discretion.
- Players are encouraged to bring/use hand sanitizer and hand sanitizer can be provided on site.
- Players will bring their own bat and helmet.
  - Players will use equipment at own risk.
- All must maintain proper social distance (6 ft. apart) whether engaged, waiting, or observing play in and around the batting areas.



- Players are encouraged to place their personal items (backpack, water bottles, etc.) at a safe distance (6 ft.) from other players' items to avoid any surface contact.
- Spectators/players in waiting will be asked to stay away from the fence and encouraged to wait in designated areas.
- Errant balls will be returned via foot or bat push of the ball.
- When not playing, wearing of face masks is encouraged for inward and outward protection of all players, especially when waiting to rotate on to the batting area.
- No handshakes or physical contact between players.
- Staff will clean the office, common areas and restrooms. They will clean before the cages open, during, and after they close. Staff will wipe down coin boxes after each batter.
- Certain food items will not be allowed (seeds, peanuts, or other shelled products).
- Balls will be thoroughly disinfected once a week. Will be sprayed with disinfectant spray mid shift and at closing.
- Use of baseball cages allowed only to players with their own helmet (with a face guard).

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#### **Adult Softball**

- Adult softball program cancelled.

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#### **Trail Rentals**

- Trail rentals cancelled.
- Drop in use only.

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#### **Field Rentals**

- Retain social distancing signage.
  - Monitor park use daily.
  - Limits on rental reservations.
    - No rentals will be given for games or large events.
  - Food: certain items will not be allowed (seeds, peanuts, or other shelled products).
  - Team sport practice rental only, will have no more than 25 participants and 2 coaches per field. No scrimmage games are allowed.
  - Any equipment that is used should be disinfected (shoves, rakes, score booths, etc.).
  - Renters must disinfect and clean the score booths, dugouts, and any other areas they used.
  - No Alcohol permits.
  - No Vendor permits due to social distancing guidelines.
  - Post signs encouraging social distancing.
-

### **Shelter Rentals**

- Shelter rentals may be able to resume based on State and Tri-County regulations.
  - Post signs encouraging social distancing.
  - Rentals reservations will be limited to 10-25 people, no large events.
  - Cap people per shelter, no large events.
  - No Alcohol permits.
  - No Vendor permits due to social distancing guidelines.
- 

### **Youth Sports**

#### **Youth baseball, basketball, flag football, soccer, volleyball**

- Youth Sports leagues are still cancelled in this phase.
  - Camps/clinics/activities require social distancing.
  - No spectators present during this phase.
  - This phase would allow for some play in the form of controlled clinics or alternative programs with significant importance being placed on following social distancing.
    - Limited participant clinics/camps and alternative programs with staff supervision.
    - In the clinics or alternative programs, properly trained staff would ensure social distancing guidelines are adhered to at all times.
      - A baseball clinic would have staff receiving all throws from participants and immediately sanitizing balls and bats.
      - Basketball and volleyball would have staff passing to and receiving passes from all participants and then sanitizing balls before using them again.
  - Staff will be in control of all cleaning materials or will store cleaning materials in a safe spot away from the reach of participants. Staff will ensure each participant has received proper sanitation during transitions and will also ensure that equipment is sufficiently cleaned during each transition as well.
  - All staff and volunteers will be held to high standards for enforcing social distancing guidelines and other policies set forth by the recreation department and state/local health departments.
  - Recommend youth have hand sanitizer available for individual use at all times.
  - Recommend players bring their own equipment and keep for individual use only. This equipment would also be required to be sanitized regularly.
    - Baseball personal equipment would include bats, helmets, gloves, and catcher equipment.
    - Soccer would include shin guards and goalie gloves.
  - Modified rules where possible to ensure adherence to social distancing guidelines is met throughout all camps and clinics.
- 

### **Fitness/Wellness**

#### **Group Fitness Classes**

- Group Fitness Studio Protocols:

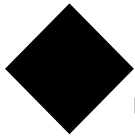




- Studios closed to public Bison Ridge: Studio 1 virtual class filming.
- Bison Ridge Studio 2 Open to One on One training services, limited equipment. Cleaning of all equipment between sessions.
- Eagle Pointe: Fitness studio virtual class filming.
- Eagle Pointe: Cycle/Yoga studio closed.
- In-Person classes canceled – Virtual offerings/or in parks.

#### Training Services

- Scheduled around block schedule of facilities.
- Offer programs virtually and/or in parks.
- Personal training offered in Studio 1 or 2.



#### PHASE THREE

Generally acceptable individual/group activities	Protocols prescribed
<b>All activities included in Phase Two</b> <b>Additional programming expansion</b>	Continue social distancing Retain social distancing signage Monitor use, breaking up groups

In phase three, we have the expansion of activities. Modified activities continue with social distancing. Those modifiable activities with amended protocols are listed below in each category.

---

#### Recreation Centers

- Cardio Area – Open
- Free Weight Area – Open
- Selectorized Area – Open
- Track – Closed BR, Open - EP
- Track Workout Area (BR) - Open
- Upstairs HITT area (EP) – Open
- Outside HITT area (BR) – Open
- Group Exercise Rooms/Cycle Studio – Closed
- Gym – Open
- Racquetball Courts – Open
- Drop-in Child Care – Closed
- Community/Conference Rooms – Open (limited capacity)



- Tech Lab – Closed
- Game Room (EP) – Closed
- Lobby Area/Open Seating – Closed
- Restrooms – Open
- Family Changing Rooms – Open
- Locker rooms – Closed

### PHASE 3A

#### RECREATION CENTERS HOURS OF OPERATION/PATRON CAPACITY

The recreation center will open in block scheduling to allow for cleaning between workout blocks. The block schedule and closing in between will allow staff to disinfect and keep the building safe for staff and users alike.

- Open 7 days of the week (with modified hours).
  - Staff will be stationed throughout the building to clean/disinfect. (2-3 high touch areas ex. Cardio/weight room; 1-2 low touch).
- An hour between workout blocks is necessary to disinfect properly, if proper cleaning supplies are in stock (Clorox 360). If supplies are not in stock, phase 2 schedule may be implemented in phase 3.
  - The schedule for the recreation centers is as follows:

Monday – Friday	Saturday	Sunday
4:30 Staff arrive for opening	6:30am Staff arrive for opening	7:30am Staff arrive for opening
5:00-6:30 Patron Use	7:00-8:30 Patron Use	8:00-9:30 Patron Use
6:30-7:30 Disinfect	8:30-9:30 Disinfect	9:30-10:30 Disinfect
7:30-9:00 Patron Use	9:30-11:00 Patron Use	10:30-12:00 Patron Use
9:00-10:00 Disinfect	11:00-12:00 Disinfect	12:00-1:00 Disinfect
10:00-11:30 Patron Use	12:00-1:30 Patron Use	1:00-2:30 Patron Use
11:30-12:30 Disinfect	1:30-2:30 Disinfect	2:30-3:30 Disinfect
12:30-2:00 Patron Use	2:30-4:00 Patron Use	3:30-5:00 Patron Use
2:00-3:00 Disinfect	4:00-5:00 Disinfect	
3:00-4:30 Patron Use	5:00-6:30 Patron Use	
4:30-5:30 Disinfect		
5:30-7:00 Patron Use		
7:00-8:00 Disinfect		
8:00-9:30 Patron Use		

- All guidelines from phase 2 still apply with modifications listed below:
- Cardio/Weight/Cardio Area –
- Gymnasium – by reservation only for one person/family per rim.
  - Gym/Racquetball will be phone in, starting the day before.
- Racquetball – by reservation only for two persons per court.
- Pickle-ball – by reservation only for 2 person/family per court.

#### Free Weight/Cardio/Selectorized Area

- Every other cardio equipment will be unavailable to keep distance.



- Benches will be spaced out in dumbbell area to keep distance.
- Selectorized equipment will be spaced out to keep distance.
- Free weights will be spaced out to keep distance.
- Certain pieces of equipment will be taken off floor to help create distance.
- Areas will be taped off to keep distance.
- Patrons will be asked to spray/wipe down equipment before and after use.
- We will increase the number of spray bottles with disinfectant and towels.
- Will try to increase gym wipes (as product becomes available).
- Create limit of time using a specific free weight and selectorized equipment to prevent one person using that area the whole time.
- Create limit of time, 45 minutes, using cardio equipment to allow others to use, if necessary.
- Remove all porous gym equipment i.e. foam rollers, mats, battle ropes, bungees, ropes, etc.

#### **Track**

- Max of five people. Social distancing will be applied - EP.

#### **Gym**

- Same as phase 2 with the following modifications:
- Will allow a family to use one rim.
- Pickle-Ball
  - League only
  - Open two outside courts, middle court closed.
  - Only allow one v one.
  - Family may reserve one court.
  - Pickle-balls and paddles will not be available for check out.

#### **Racquetball**

- Available for 2 persons only per court.

#### **Community Rooms/Conference Rooms**

- Community/conference rooms may be available to rent at a limited capacity depending on state and Tri County regulations.

#### **PHASE 3B**

The recreation center will open in block scheduling to allow for cleaning between workout blocks, however reservation system will no longer be in place. The block schedule and closing in between will allow staff to disinfect and keep the building safe for staff and users alike.

- Open 7 days of the week (with modified hours).
  - Staff will be stationed throughout the building to clean/disinfect. (2-3 high touch areas ex. Cardio/weight room; 1-2 low touch).
- An hour between workout blocks is necessary to disinfect properly, if proper cleaning supplies are in stock (Clorox 360). If supplies are not in stock, phase 2 schedule may be implemented in phase 3.
  - The schedule for the recreation centers is as follows:



Monday – Friday	Saturday	Sunday
4:30 Staff arrive for opening	6:30am Staff arrive for opening	7:30am Staff arrive for opening
5:00-10:00 Patron Use	7:00-12:00 Patron Use	8:00-12:30 Patron Use
10:00-11:00 Disinfect	12:00-1:00 Disinfect	12:30-1:30 Disinfect
11:00-4:00 Patron Use	1:00-6:00 Patron Use	1:30-5:30 Patron Use
4:00-5:00 Disinfect		
5:00-9:30 Patron Use		

- All guidelines from phase 2 still apply with modifications listed below:
- Cardio/Weight/Cardio Area –.
- Gymnasium – by reservation only for one person/family per rim.
  - Gym/Racquetball will be phone in, starting the day before.
- Racquetball – by reservation only for two persons per court.

#### **Free Weight/Cardio/Selectorized Area**

- Every other cardio equipment will be unavailable to keep distance.
- Benches will be spaced out in dumbbell area to keep distance.
- Selectorized equipment will be spaced out to keep distance.
- Free weights will be spaced out to keep distance.
- Certain pieces of equipment will taken off floor to help create distance.
- Areas will be taped off to keep distance.
- Patrons will be asked to spray/wipe down equipment before and after use.
- We will increase the number of spray bottles with disinfectant and towels.
- Will try to increase gym wipes (as product becomes available).
- Create limit of time using a specific free weight and selectorized equipment to prevent one person using that area the whole time.
- Create limit of time, 45 minutes, using cardio equipment to allow others to use, if necessary.
- Remove all porous gym equipment i.e. foam rollers, mats, battle ropes, bungees, ropes, etc.

#### **Track**

- Max of five people. Social distancing will be applied - EP.

#### **Gym**

- Same as phase 2 with the following modifications:
- Will allow a family to use one rim.
- Pickle-Ball
  - League only



- Open two outside courts, middle court closed.
- Pickle-balls and paddles will not be available for check out.

### **Racquetball**

- Available for 2 persons only per court.

### **Community Rooms/Conference Rooms**

- Community/conference rooms may be available to rent at a limited capacity depending on state and Tri County regulations.

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## **Aquatics**

### **Use of aquatic facilities**

- Lifeguards continue to wear masks during shifts.
- Water walking guidelines remain the same.
- Therapy pool guidelines same as phase 2.
- Lap swimming increased to two **(2)** users per lane.
- Aqua Fitness programs will follow the same protocols as Water Walking activities. Maximum eight **(8)** participants in class following proper distancing from each other.
- Private swimming lessons will be permitted for swimmers to work directly with the instructor without contact if their skill level is at level 4 or above. Any participants at a lower skill level will be offered with a parent in the water to provide the hands-on contact with the student while the instructor provides non-contact guidance and instruction.
- Open swim remains same as phase 2.
- Swim lessons for levels 4 and up can begin.

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## **Active Adults**

- Modified re-opening of active adult center, 1 on 1 sessions. Continued social distancing measures.
- Day trips remain canceled.
- Limited drop-in activities will be offered; must be able to adhere to social distancing guidelines.
- Large events remain canceled/postponed; evaluate smaller events to determine viability.
- Continue to host programs that can be conducted safely; introduce selected indoor classes with limited enrollment.
- Hosting zoom Advisory Committee meetings will begin.

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## **Gymnastics**

With the complexities of gymnastics programs, phase 3 will have a phase 3A and 3B.

### **Phase 3A**



- Limits on registration for instructional and program will be set at no more than 10 participants per training session to ensure proper social distancing can be observed. Three groups of ten with 2 coaches per group.
- Add uneven bars back into the program (individuals must use their own chalk, bars will be wiped in between athletes. Only basic drills and skills, no spotting. Low bars for primary use.
- Social distancing measures listed for phase one apply to phase two.
  - No spectator area – drop off only
- Example of class schedule:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4-5 pm	2 beginning (20 kids)	2 Advanced Beginning (20 kids)	2 Intermediate (20)	Level 2 Team (20)	Boys programs (20)	9-10 Beg (20)
5-5:30	Clean					10-10:30- Clean
5:30-7 pm	C1 & C2	C3 & C4	C1 & C5	C3 & C4	C2 & C5	10:30-11:30 Adv./Beg (20)
7-7:30 pm	Clean					11:30-Noon Clean
7:30-9 pm	O1 & O2	O3 & O4	O1 & O2	O3 & O4		Noon-1 Beg (10) Intermediate (10)
9-9:30	Clean					1-1:30 Clean

### **Phase 3B**

Depending on the continued demonstration that social distancing efforts have been successful, gymnastics programs may expand to include all levels of instruction. (Tot classes).

- Drop in Pre-School programs on hold until playgrounds are opened for public use.
- Limits on registration for all gymnastics programs will be set at no more than 10 participants per training session to ensure proper social distancing can be observed.
- Social distancing measures listed in phase 1 & 2 still apply.
- No spectator area – drop off only.
- Example of class schedule:

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-9:45	Parent Taught (10)	Parent Taught (10)			Parent Taught (10)	Parent Taught (10)
9:45-10:15	Clean					
10:15-11	Pre-Gym with parent for social distancing enforcement (10)	Parent Taught (10)			Parent Taught (10)	Pre-Gym with parent for social distancing enforcement (10)

11-11:30	Clean					
11:30-12:15	Pre-gym with parent for social distancing enforcement	Pre-Gym with parent for social distancing enforcement (10)			Pre-Gym with parent for social distancing enforcement (10)	Pre-Gym with parent for social distancing enforcement (10)
						12:15-12:45 Clean
4-5 pm	2 beginning (20 kids)	2 Advanced Beginning (20 kids)	2 Intermediate (20)	Level 2 Team (20)	Boys programs (20)	12:45-1:45 Lunch
5-5:30	Clean					1:45-2:45 Beg (20)
5:30-7 pm	C1 & C2	C3 & C4	C1 & C5	C3 & C4	C2 & C5	2:45-3:15 Clean
7-7:30 pm	Clean					3:15-4:15 Advanced Beg (10), Intermediate (10)
7:30-9 pm	O1 & O2	O3 & O4	O1 & O2	O3 & O4		
9-9:30	Clean					

#### Dance

- Limits on registration for all dance classes programs will be limited to observe social distancing requirements. 4 @ Bison Ridge and 7 @ Eagle Pointe.
- No Dance recital due to social distancing requirements.
- All other Social distancing measures listed in phase 1 & 2 still apply.

#### Youth Camp

- Ability to have more participants in a space if regulations allow.
- Continue guidelines in phase 2.

#### Adventure Trek

- Adventure trek cancelled, unless social distancing measures allow for field trips.

#### Teen Programs



- Ability to have more participants in programs if regulations allow.
  - Continue guidelines in phase 2.
- 

#### **Preschool Programs**

- Preschool Programs are limited to small class sizes.
  - Consider keeping classes together to include the same group of children each day, and consider keeping the same child care providers with the same group each day.
  - Allow minimal mixing between groups. Limit gatherings, events, and extracurricular activities to those that can maintain social distancing, support proper hand hygiene, and restrict attendance of those from higher transmission areas.
  - Continue to space out seating to six feet apart, if possible.
  - Consider keeping communal use spaces closed, such as game rooms or dining halls, if possible; if this is not possible, stagger use and disinfect in between uses.
  - Consider continuing to plate each child's meal, to limit the use of shared serving utensils.
  - Consider limiting nonessential visitors, volunteers, and activities involving other groups.
  - Consider staggering arrival and drop-off times or locations, or put in place other protocols to limit direct contact with parents as much as possible. Continue to stagger arrival and drop-off times and plan to continue limiting direct contact with parents as much as possible.
  - Keep each child's belongings separated from others' and in individually labeled containers, cubbies, or areas.
  - Ensure adequate supplies to minimize sharing of high touch materials to the extent possible (art supplies, equipment etc. assigned to a single camper) or limit use of supplies and equipment by one group of children at a time and clean and disinfect between use.
  - If food is offered at any event, have pre-packaged boxes or bags for each attendee instead of a buffet or family-style meal.
  - Avoid sharing electronic devices, toys, books, and other games or learning aids.
- 

#### **Family and Special Events**

- Limit gatherings to maintain social distancing.
  - Limit group sizes for events.
  - Avoid food offering or the ability to share food while in programs.
  - Space out seating for attendees who do not live in the same household to at least 6 feet apart when possible.
  - Limit sharing of supplies and equipment while in programs.
  - Special events a possibility with limited capacity. Each special event will be looked at individually to see if it is feasible to run.
- 

#### **Pickle ball**

##### Phase 3A

- League only.





### Phase 3B

Singles play or drilling only (two players per court) with just one ball per court (one player on each side of the court).

- Signage installed with social distancing information.
- Court Ambassadors (volunteers) will assist staff in monitoring courts periodically throughout the day to ensure guidelines are being followed.
- Players are encouraged to bring/use hand sanitizer.
- Disinfectant will be placed for players to clean balls at the beginning and end of each use. Players are responsible to bring their own towel to dry off their ball.
- All must maintain proper social distance (6 ft. apart) whether engaged, waiting, or observing play in and around the court areas.
- Players are encouraged to not bring additional items. Players must place their personal items (backpack, water bottles, etc.) at a safe distance (6 ft.) from other players' items to avoid any surface contact. Designated areas will be marked.
- Errant balls will be returned to the owner of the ball via foot or paddle push of the ball.
- When not playing, wearing of face masks is encouraged for inward and outward protection of all players, especially when waiting to rotate on to the courts.
- Switch sides of court at end of game only (not at point 6).
- No handshakes, paddle bumps or physical contact between players.
- No spectators allowed.
- Players and players in waiting will be limited to 8 people per court/gym.
- Failure to follow guidelines will result in loss of privileges.
- The same group of four players will be allotted a specific amount of time and only with each other.
- Each foursome of players would be restricted to a single time block of play per day, in order to allow court time for other foursomes.

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### **Batting Cages**

- Group rentals of more than 4 people and team rentals are allowed with advance reservation and the Recreation Department determining time of day.
  - Rentals will be capped at 8 people.
  - Rentals will be scheduled during non-peak hours.

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### **Adult Softball**

- Games will be limited to 25-30 people per field.
- Facemasks required for staff and umpires
- Facilities sanitized between games.
- Signage installed with social distancing information.
- Players must bring their own bat, or teams will provide disinfectant wipe to wipe down bats after each at bat.



- Encouraged to not share gloves.
- Individuals are required to bring their own helmets. Players will use a disinfectant wipe on the helmets after each at bat.
- Balls will be disinfected after each inning.
- Line up sheets, petitions, and scorecards: will be text, emailed, or handled electronically.
- All must maintain proper social distance (6 ft. apart) whether engaged, waiting, or observing play in and around the game areas.
- Players are recommended not to bring additional equipment. If players bring additional equipment they must place their personal items (backpack, water bottles, etc.) at a safe distance (6 ft.) from other players' items in a marked designated area to avoid any surface contact.
- Spectators/players in waiting will be asked to stay away from the fence and encouraged to wait in designated areas. Spectators will not be allowed/TBD.
- When not playing, wearing of facemasks is encouraged for inward and outward protection of all players, especially when waiting to rotate on to the batting area.
- No handshakes or physical contact between players or staff.
- Staff will help clean the dugouts, common areas and restrooms. Will clean before and after every game.
- Certain food items will not be allowed (seeds, peanuts, or other shelled products).

#### Team - Hygiene Protocols

- Hand sanitizer available for each team. Teams / players encouraged to bring their own sanitizer
- Wearing cloth masks is encouraged or mandatory dependent on city guidelines

#### Team - Pre-game Protocols

- Teams warm-up in designated areas.
- Players / coaches can enter field 10 minutes prior to game as long as all prior participants have completely left the field area (field, dugouts, spectator area) and after dugout and spectator areas has been sanitized.
- Teams use dugouts and spectator areas near dugout spacing personal equipment at least 10' apart.
- Team line-ups
  - Teams turn in line-ups with designated staff member orally or electronically using acceptable distancing.
  - Do not exchange paper line-ups. Each team is required to have a designated official scorekeeper.
  - No players at home plate meeting.
- Spectator seating:
  - Spectators will sit or stand using physical distancing behind the outfield fence using physical distancing.

#### Team - During game Protocols

- Keep non-play physical distancing (no handshakes or high fives).
- No team huddles or close-range coaching.
- Only upcoming batter and team coach/captain are allowed in the dugout. All other players must sit in the bleachers (spaced apart).
- Mound visits are limited to pitcher, catcher and coach using physical distancing
  - Only 2 mound visits per game.



- Frequently rotate game balls. Assign staff, coach or players to disinfect with Lysol or similar disinfectant.
- Use new or clean ball between each inning.

#### **Team - Post-game Protocols**

- After each game teams we will ask teams to leave promptly, and we will ask the next teams to wait until the other teams leaves.
  - Spectators:
    - Following game, wait in the outfield or designated space.
    - Exit complex immediately following physical distancing.
  - Teams (Players & Coaches)
    - Place all debris in trash cans.
    - Remove all equipment from dugout and spectator area.

#### **Umpire Protocols**

- Home plate umpire will call balls and strikes from behind the pitcher using physical distancing.
- Strike mat will be incorporated along with moving the umpire.
- If two umpires are used, field umpire will use physical distancing.
- Wearing masks is mandatory.

#### **Scheduling Protocols**

- Format changes to limit time in complex (double headers allowed with same team, "no gap").
- If unable to schedule double header, schedule half hour gap between games.
- Games end either by number of innings or time limit. No play after time limit has been reached.

#### **Rule Adjustments**

- Use point of no return line instead of crossing home plate.
- Start with 1-1 count.
- Force outs only, no tag plays.
- Fair / Foul arch in front of home plate.

#### **Facility Protocols**

- Heightened communication protocols (pre-event, on-site signage, etc.)
- Designate team warmup areas on left and right side of fields.
- Clean / sanitize all player and spectator areas after each game.
- Concessions mark off areas 6' apart for customers.

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#### **Trail Rentals**

- Retain social distancing signage.
- Monitor park/trail use daily.



- Limits on rental reservations.
    - Rentals will be limited depending on guidelines set forth by the state and Tri County Health.
  - No large events.
  - No Alcohol permits.
  - No Vendor permits due to social distancing guidelines.
- 

### **Field Rentals**

#### **PHASE 3A**

- Same as Phase 2

#### **PHASE 3B**

- Allow team sport games per field. Limit spectators to games, encourage drop off.
- Social distance remains.
- No tournament play allowed.

#### **Team - Hygiene Protocols**

- Teams / players encouraged to bring their own sanitizer
- Wearing masks is encouraged or mandatory dependent on city, state, or tri-county guidelines.

#### **Team - Pre-game Protocols**

- Teams warm-up in designated areas.
- Players / coaches can enter field 10 minutes prior to game as long as all prior participants have completely left the field area (field, dugouts, spectator area) and after dugout and spectator areas has been sanitized.
- Teams use dugouts and spectator areas near dugout spacing personal equipment at least 10' apart.
- Team line-ups
  - Teams exchange line-ups with designated opposing team scorekeeper orally using acceptable distancing.
  - Do not exchange paper line-ups. Each team is required to have a designated official scorekeeper.
  - No players at home plate meeting.
- Spectator seating:
  - Spectators will sit or stand using physical distancing behind the outfield fence using physical distancing.

#### **Team - During game Protocols**

- Keep non-play physical distancing (no handshakes or high fives).
- No team huddles or close-range coaching.
- Mound visits are limited to pitcher, catcher and coach using physical distancing.
- Frequently rotate baseballs. Assign coach or parent to disinfect with Lysol or similar disinfectant.
- Use new or clean ball between each inning.

#### **Team - Post-game Protocols**

- Spectators:
  - Following game, wait in the outfield or designated space.
  - Exit complex immediately following physical distancing.



- Teams (Players & Coaches)
  - Place all debris in trash cans.
  - Remove all equipment from dugout and spectator area.

#### **Umpire Protocols**

- Home plate umpire will call balls and strikes from behind the pitcher using physical distancing.
- If two umpires are used, field umpire will use physical distancing.
- Wearing masks is encouraged or mandatory dependent on city guidelines.

#### **Scheduling Protocols**

- Format changes to limit time in complex (double headers allowed with same team, "no gap").
- If unable to schedule double header, schedule half hour gap between games.
- Warm up areas might not be available. TBD
- Games end either by number of innings or time limit. No play after time limit has been reached.

#### **Possible baseball / softball rules adjustments**

- No stealing.
- No leading off.
- Start with 1-1 count.
- No more than two coaches in player area (dugout & spectator area).
- Use double first base.
- Force outs only, no tag plays.
- Fair / Foul arch in front of home plate.

#### **Facility Protocols**

- Heightened communication protocols (pre-event, on-site signage, etc.).
  - Designate team warmup areas on left and right side of fields. TBD
  - Clean / sanitize all player and spectator areas after each game.
  - Event staff is encouraged to wear masks and gloves.
  - Event staff practices physical distancing.
  - Concessions mark off areas 6' apart for customers.
  - Provide or designate site staff to ensure protocols are being followed.
- 

#### **Shelter Rentals**

- Shelters may open in a limited capacity. Size capacity will be determined based on State and Tri-county Health regulations.
  - Retain social distancing and sanitation/disinfectant protocol from Phase Two.
- 

#### **Youth Sports**

**Youth baseball, basketball, flag football, soccer, volleyball**



### **PHASE 3A**

- Same as phase 2

### **PHASE 3B**

- Youth Sports leagues can begin.
  - The same social distancing guidelines as listed in phase 2 will still be in effect.
  - Spectators may be allowed in this phase as long as they are following state and Tri County Health guidelines.
    - The number of spectators per participant may be limited depending on the space available.
  - Staff cleaning expectations will remain the same as in phase 2.
  - Volunteer coaches will be involved to help run practices and games though they will be held to the same level of accountability as our staff.
    - Practices in common locations to ensure that staff can continue to monitor though we would allow one staff to monitor multiple teams to decrease the need for additional staffing.
  - Games will be run practicing social distancing.
    - The number of spectators per participant may be limited depending on the space available.
- 

### **Fitness/Wellness**

#### **Group Fitness Classes**

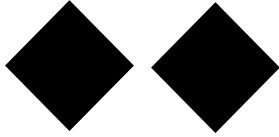
- Classes will include both indoor and outdoor offers limited to block times when the facility is open.
  - Class size limited by space to meet social distancing guidelines.
  - Limited equipment usage still in effect with proper cleaning of all equipment between each class.
  - Participants will be required to reserve a space in the class in advance using Active Registration software or ticket system or drop in system, whichever deemed necessary.
  - Classes completed with limited equipment.
  - Indoor classes will be offered in community rooms or gymnasium for social distancing.
- Studio 1 and 2 continued to be closed.
  - Studios may open once state or tri-county guidelines change for social distancing in small spaces.

#### **Training Services**

- Training offered in studio 1 or 2.

#### **Paid Programming**

- Paid programming can resume in social distancing spaces.
- Youth and Senior Fitness offerings with limited participants.
- Aquacise classes can resume with limited spots. See Aquatics for spacing restrictions.
  - Spin Bikes provided shall be sanitized after each class.
  - Virtual classes offered via social media will continue.
- Training Services
  - Message Therapy – can resume with protection for the employees.



#### PHASE FOUR

- Pre COVID-19 All operations have returned to normal or operating at new normal.

