

Statement Confirming Eligibility for At-Large City Council Vacancy Seat

April 22, 2019

Greeting Honorable Mayor Sean Ford, Mayor Pro-Tem, and Commerce City-City Council.

I am confirming that I, Jennifer Allen-Thomas meet all of the Commerce City Charter eligibility requirements to fill the At-Large City Council vacant seat.

I am a citizen of the United States, 48 years old and have lived in Commerce City 48 years. I am a registered voter and do not have any criminal sentences.

If appointed I can fulfill all the commitments involved to work with the Mayor, City Council, the City Manager, Law enforcement, and our residents.

Respectfully,

Jennifer Allen-Thomas

April 21, 2019

Greetings Honorable Mayor Sean Ford, Mayor Pro-Tem, and Commerce City-City Council,

My name is Jennifer Allen-Thomas and I have applied to fill the vacant City Council At-Large seat. If appointed I feel I would be a good councilmember for Commerce City for several reasons.

I am Commerce City Made and Commerce City Proud. I have lived in Commerce City 48 years and counting; my entire life, in the same house. I have the time, knowledge, and dedication to work with the Honorable Mayor Sean Ford and the City Council, to continue working on your agenda. I have witnessed the growth and positive changes Commerce City has experienced.

I would love the opportunity to represent the residents of Commerce City. I value and respect the people of Commerce City and would like to be the bridge that connects residents, businesses and our local government.

As a family nurse practitioner, I have a talent and knowledge of being an advocate for my patients. Nurses has been selected as the number one most trusted profession. I can bring this asset to the residents of Commerce City. This is why I have decided to request I be appointed to the current At-Large City Council vacant position.

Ready to Serve!! Commerce City Made and Commerce City proud!!

Respectfully,

Jennifer Allen-Thomas

EXHIBIT A: Council Vacancy Application Questions

1. Why are you applying to be on the City Council?

I am applying for Commerce City Council because I am Commerce City Made and Commerce City Proud!! I have lived in the same house in which I was conceived for 48 years. I have experienced and witnessed the growth and positive changes Commerce City has experienced. I would love the opportunity to represent the residents of Commerce City and work with our current City Council. I want to be a voice for the residents of Commerce City. I want to ensure that Commerce City continues to be a safe and thriving city, continues to have attainable housing, and ensure our students are given the best quality education.

I value the people of Commerce City and would like to be the bridge that connects residents, businesses and our local government. I want to be an advocate for Commerce City.

2. How is your experience and background relevant to being on the City Council?

My experience and background are relevant to being on the City Council because I have lived in Commerce City all my life. Over the last 48 years I have seen significant positive changes in our city and local government. I am aware of the experience and background that is relevant to serving on City Council, because my father, James Allen, former Commerce City Councilman. Through his teachings I have the knowledge and wisdom to serve and represent the residents of Commerce City and be their voice. This involves working hard for every individual. I have helped Senator Dominick Moreno campaign when he was running for Commerce City Council and my husband, Harvest Thomas.

While interacting with other city council members, serving on Commerce City boards and engaging in several community events I have gained considerable knowledge about the requirements, dedication, and commitment needed to serve our residents. I am prepared to be a voice for the residents. I want to be the people of Commerce City's advocate. As a family nurse practitioner I am an advocate for every individual.

3. What are your thoughts on the relationship between the Historic City and the Northern Range?

The Historic City and the Northern Range are one United Commerce City. Many years ago, the residents of The Historic City had a vision to welcome new residents to this great city and were willing to dedicate their support and funding to make it happen. The Northern Range is that vision manifested. I look forward to working with residents who live in all parts of Commerce City, because a United Commerce City is a STRONG Commerce City.

4. What do you believe to be the three most pressing challenges or concerns in the Commerce City community?

- Ensuring our youth are receiving the best quality education and that City Council works with Adams 14 and 27J elected officials.
 Work with Adams County and the oil and gas companies to ensure they do not impact the health and safety of Commerce City resident's.
 Ensuring there will continue to be affordable housing
- 5. What do you see as the three biggest opportunities for Commerce City right now?

The three biggest opportunities for Commerce City right now are 1. Ensuring that Commerce City continues to be a safe and healthy community to reside in 2. Our economic growth and development 3. Ensuring

Jennifer Allen-Thomas

Commerce City continues to find large projects that are necessary to fit the needs of our growth, while keeping taxes at a stable balance. The development of the land along Quebec from 56th to Highway 2; by Dicks Soccer Stadium and the old Greyhound Park

6. What concerns, if any, do you have about serving on the City Council?

I do not have any concerns about serving on City Council. I would be eager to learn and develop in my new role and would grow through the knowledge of the current City Council members. I am ready to work for the residents and work with City Council, the City Manager and our local law enforcement.

7. What does Quality Community for a Lifetime mean to you?

Quality Community for a Lifetime means that every individual residing in their Commerce City feels a sense of safety, pride, health, and unity throughout their life. This statement is one of the reasons I have resided and continue to reside in Commerce City. I feel all of my human needs for survival are met in Commerce City. I feel my current City Council and other elected officials stand up for needs I feel safe, living in Commerce City and feel that the our local law enforcements are for the community. Interacting with my neighbors and other residents in Commerce City identifies a quality community for me as well. We look out for one another and are a voice for each other.

8. What local government or non-profit boards or commissions have you served on?

I currently serve as the co-chair for the Capital Improvement Program Advisory Committee. I have served on the Commerce City Board of Adjustment, and the Commerce City Housing Authority. All of these positions were appointed by City Council.

I served on the Alpha Kappa Alpha Sorority, Inc., Iota Beta Omega Chapter, Board of Directors, and currently serve on The Stephen T. Marchello Foundation, Board of Directors.

9. Have you participated in the Commerce City Civics Academy?

Although I have not yet had the opportunity to participate in the Commerce City Civics Academy, I look forward to the opportunity to one day participate.

10. How long have you resided in Commerce City?

My entire life, 48 years. I still live in the same house.

11. What is your favorite place in Commerce City?

My favorite place in Commerce City is the Rocky Mountain Arsenal National Wildlife Refuge (RMANWR). I enjoy visiting the arsenal because there are so many activities to participate in all at one location. Being outdoors, walking the trails at the arsenal or in a car driving through the arsenal; is an exciting adventure every time you enter. One might never know what wildlife they may see. My all-time favorite is viewing the Bison. The arsenal offers a sense of relaxation and serenity for me and is less than a mile from my home.

Jennifer Allen-Thomas, RN, MS, FNP jatnurse@comcast.net (303)204-3446

OBJECTIVE

Organized, diverse and enthusiastic individual with several years of nursing. Open minded to new beginnings and grow. Diligence, integrity blended with sense of responsibility enables me to deliver patient focused, quality care in the professional environment.

EDUCATION

Regis University-Denver, Colorado-graduate with Master's in Science Program-GPA 3.4 Family Nurse Practitioner May 2010

Regis University- Denver, Colorado- BSN program- graduate with Bachelor's Science in Nursing-Cum Laude Honor Roll, GPA 3.7 May 2007

EMPLOYMENT EXPERIENCE

State of Colorado-DORA (Dept. of Regulatory Agencies)

- Certified Investigator
- Investigator for Medical Board, Board of Nursing, Nursing Home Administrator, and Dental Board
- Perform investigations, prepare investigation reports, and assist Attorney General with trial hearings related to investigations. Interviewing, gathering, sending out subpoenas and collecting data for investigations. Monitor for drug diversion. October 2013-Current

Uptown Health Care Center

- Consultant
- Consulting/ advice for long term care facility prepare and make recommendations for long term care surveys. As needed basis. August 2012-August 2017

State of Colorado-Department of Health Care Policy and Financing

- Program Integrity Nurse Reviewer
- Audit for Medicaid Fraud, Investigate for Medicaid fraud, seek out payment for high billers in Medicaid. July 2012-October 2013

State of Colorado Department of Public Health and Environment

- Certified State Surveyor/Investigator for long term care facilities.
- Protect and improve the health, safety and welfare of the patients/clients in health care agencies in the State of Colorado.
- Surveyed long term care facilities to ensure the standards and practices of Centers for Medicaid and Medicare and the State of Colorado are maintained. January 2011-July 2012

Affiliate Faculty-Regis University

 Adjunct Faculty for nursing students, skills labs, clinical rotations, grading/evaluating student papers, presentations, teaching. As needed basis. May 2010-2012

Affiliate Faculty-Metro State College

 Adjunct faculty for nursing students, skills labs, clinical rotations, grading/evaluating student papers, presentations, teaching. As needed basis. August 2010-2011

Kaiser Permanente-Endocrinology Department

- RN/Advice/Lead Floor Nurse
- Nurse visits, assist with thyroid biopsy's, telephone triage, insulin teaching and mixing, diabetes care, diabetic foot care/assessment, diabetes triage, intravenous therapy and testing, communicating with patients, doctors and other providers, proficient in Health Connect and Epic(Electronic Medical Record). December 2007-2010

Kaiser Permanente-Call Center

- RN/Advice and triage Nurse-Lead nurse
- Advice patients via phone, determining medical emergencies, charting on patients by electronic medical record (Epic), communicating with doctors/providers, triage medical surgical calls, adults, obstetrics/gynecology, pediatrics, among several other types of calls. April 2005-April 2007

Kaiser Permanente-Skyline Facility-Internal Medicine

- RN/Triage-advice nurse
- Triage patients via phone, nurse visits, diabetic foot care, occasional intravenous therapy, computer work, electronic medical record, communication with physicians and patient, patient care. August 2004-April 2005

Poplar Grove Care Center, Commerce City, CO

Assistant Director of Nursing-RN

- Assist director of nursing with maintain nursing department and other departments as assigned.
- Hiring staff, developing in-services, employee education.
- 95 bed long term care facility, supervising staff of 11, rounds with doctors, managing care of psychiatric patients, care plans, among many other tasks. May 1998-August 2004

PROFESSIONAL AND LEADERSHIP HEALTH CARE ACTIVITIES/AWARD

- Commerce City Capital Improvement Program Advisory Committee-Co-Chair
- Commerce City Colorado-former Board of Adjustment Board Member-appointed by Commerce City Council
- Commerce City Colorado-former member of the Housing Authority
- Member Sigma Theta Tau-Nursing honor society
- Member of Alpha Kappa Alpha Sorority Incorporated
- Colorado Society of Advance Practice Nurses-Active current member, Scholarship recipient September 2014-Leadership Summit
- Colorado Center for Nursing Excellence-Mentor 2014-current
- Colorado Nurses Association-Active current member
- Member of American Association of University Women
- Colorado State Investigators Association-active/current member
- Diabetes/Breast/Pancreas Cancer Walk-Volunteer/Church Health Fairs, 9 News Health Fair