

Subject: Senior Commission Meeting Minutes

Date: October 12, 2017

Present: Bruce Reilly, George Maxey, Jennie Loveridge, Robert Sheetz (ex-officio), Susan Carabajal, Tillie Villarreal, Councilman Rick Teter, Councilwoman Jadie Carson, Michelle Halstead (ex-officio), Daniela Villarreal (staff liaison), Bruce Emery, Carole Harvell, Charles Crist, Jean Tapia

Absent: Thelma Cole, Carlita Plummer, Jennifer Pepper

1. Welcome and Introductions

Commission members that were absent during the September meeting were given an opportunity to introduce themselves and share one issue facing seniors in our city: The following were added to our list from our September meeting:

- * Senior activities, physical activities and other involvement in both city recreational centers
- * Isolation
- * Aging & population growing
- * Community involvement
- * Relevance of seniors within community
- * Participation
- Aging and population is growing
- Safety
- Transportation
- Use of technology
- Defensive driving
- Aging well in place independently
- Assistance in every day to do's
- Information, communication leading to actionable knowledge
- Affordable housing and access to housing

2. Review and Approval of Minutes

MINUTES CONTINUED

Motion to accept edits to minutes by Commissioner Crist, seconded by Commissioner Carabajal.

Approved unanimously

3. New Business

Rich Mauro and Jayla Sanchez presented “Aging Better” on behalf of Denver Regional Council of Governments (see attached).

Ex-officio member Robert Sheetz presented resources on behalf of the Adams County Government (see attached).

4. Unfinished Business

Brainstorm and prioritization exercise will be tabled until next month’s meeting.

5. Elections

Chair nominations: Bruce Reilly

Vice-chair nominations: George Maxey and Susan Carabajal

Upon no further nominations, Commissioner Reilly accepted the officer role of chair.

George Maxey was appointed vice-chair by majority votes.

6. Staff Report

Staff gave a brief report of events in the City

7. Announcements

None

8. Public Comment

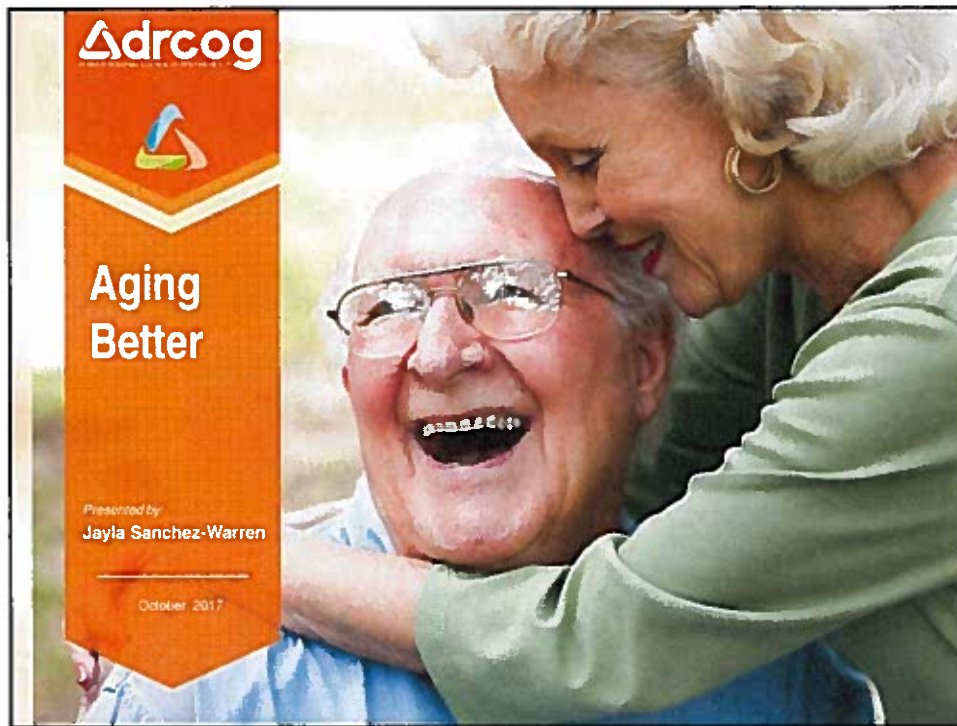
None

9. Adjourn

Commissioner Crist motioned to adjourn, seconded by Councilman Teter.

Motion was approved







Area Agency on Aging



- Federally **mandated** program
- Authority and funding through **Older Americans Act** and **Older Coloradans Act**
- **630** area agencies on aging nationwide
- **16** area agencies on aging in Colorado





Area Agency on Aging: Purpose



- Help people age better
- Support people to stay in their homes for as long as they want
- Provide quality information, assistance and service
- Support caregivers
- Advocate for older adults, their needs
- Plan for future needs



Organizations Funded by DRCOG

- | | |
|---|---------------------------------------|
| • Adams County Community Development | • Catholic Charities |
| • Alzheimer's Association | • Center for People with Disabilities |
| • American Council of the Blind and Visually Impaired | • Centura HealthSET |
| • Asian Pacific Development Center | • City and County of Broomfield |
| • Arapahoe County Community Resources | • Colorado Center for the Blind |
| • Audio Information Network of Colorado | • Colorado Gerontological Society |
| • Brothers Redevelopment | • Colorado Legal Services |





Funded partners (continued)



- Colorado Visiting Nurse Association
- Douglas County Human Services
- Jefferson County Mental Health
- Jewish Family Service of Colorado
- Lutheran Family Services Rocky Mountains
- Mt. Evans Home Health Care and Hospice
- The Senior Hub
- Seniors' Resource Center
- Senior Support Services
- Southwest Improvement Council
- Tri-County Health Department
- Volunteers of America




Services offered by the Area Agency on Aging

Aging and Disability Resource Center

- Information and Assistance
- options counseling
- case management
- State Health Insurance Assistance Program

Evidence-based services

- fall and disease prevention

Accountable Health Communities

UCHealth pilot

Intensive non-Medicaid case management

- Spanish-speaking case management
- contracted case management

Regional planning

- data gathering
- analysis
- mapping

Advocacy

- individual
- systemic
- state
- federal

Elder refugee services

Contract management

Transition services

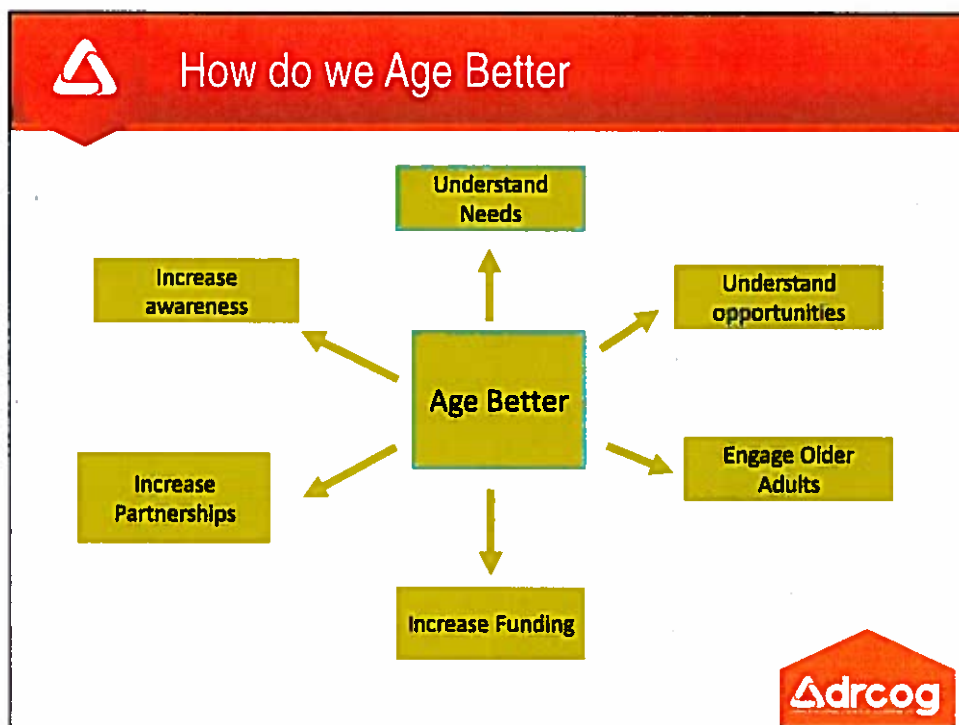
- Veteran-Directed Home and Community-Based Services
- nursing home to community
- hospital transitions

Long-term Care and Program for All-Inclusive Care for the Elderly

- ombudsman programs

Regional coordination and collaboration

- Boomer Bond
- Advisory Committee on Aging





Leading Five-year Cohort Growth

Five-year cohort	Percent change (2015-2040)	Rank
75 to 79	257%	1
90-plus	219%	2
85 to 89	205%	3
80 to 84	204%	4
70 to 74	88%	5
65 to 69	40%	6



60-plus population (2015 to 2040)

County	2015	2040	Percent change
Adams	70,918	170,423	140%
Arapahoe	112,823	225,988	100%
Boulder	60,261	114,535	90%
Broomfield	11,360	25,503	124%
Clear Creek	2,678	2,939	10%
Denver	109,128	186,884	71%
Douglas	50,694	131,853	160%
Gilpin	1,418	1,850	30%
Jefferson	125,494	205,689	64%
DRCOG region	544,774	1,065,664	96%



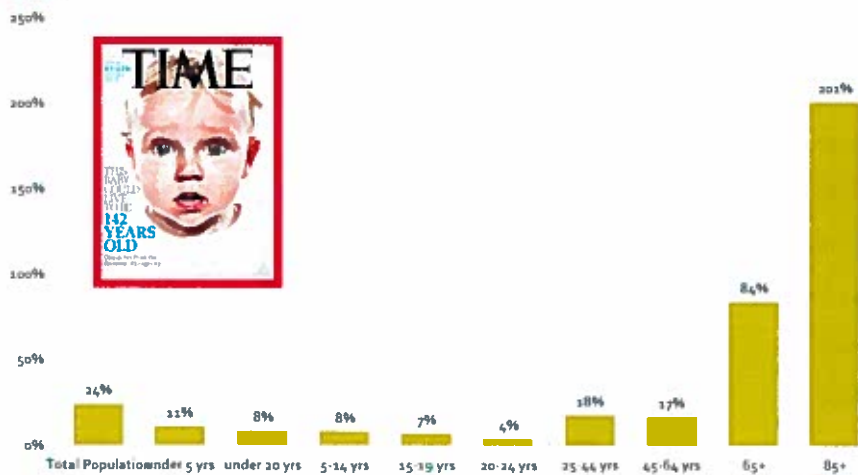
75-plus population (2015 to 2040)

County	2015	2040	Percent change
Adams	18,816	63,285	236%
Arapahoe	30,091	93,285	210%
Boulder	15,286	49,475	224%
Broomfield	3,254	9,747	200%
Clear Creek	517	1,315	154%
Denver	30,857	70,461	128%
Douglas	10,772	50,608	370%
Gilpin	191	797	317%
Jefferson	33,671	98,638	193%
DRCOG region	143,455	437,611	205%



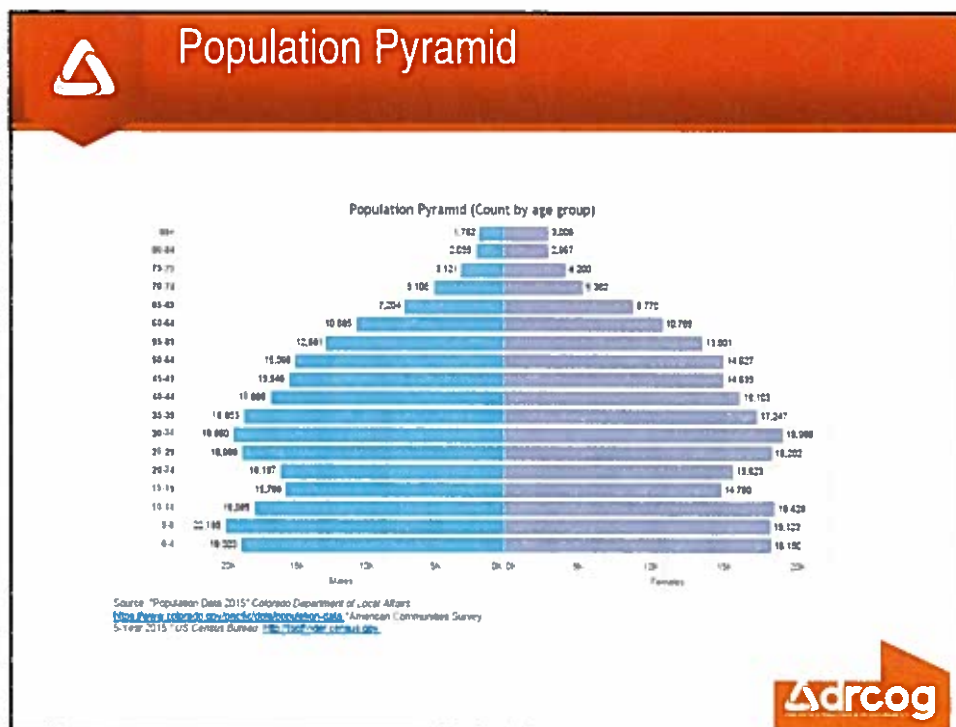
Aging: The new normal

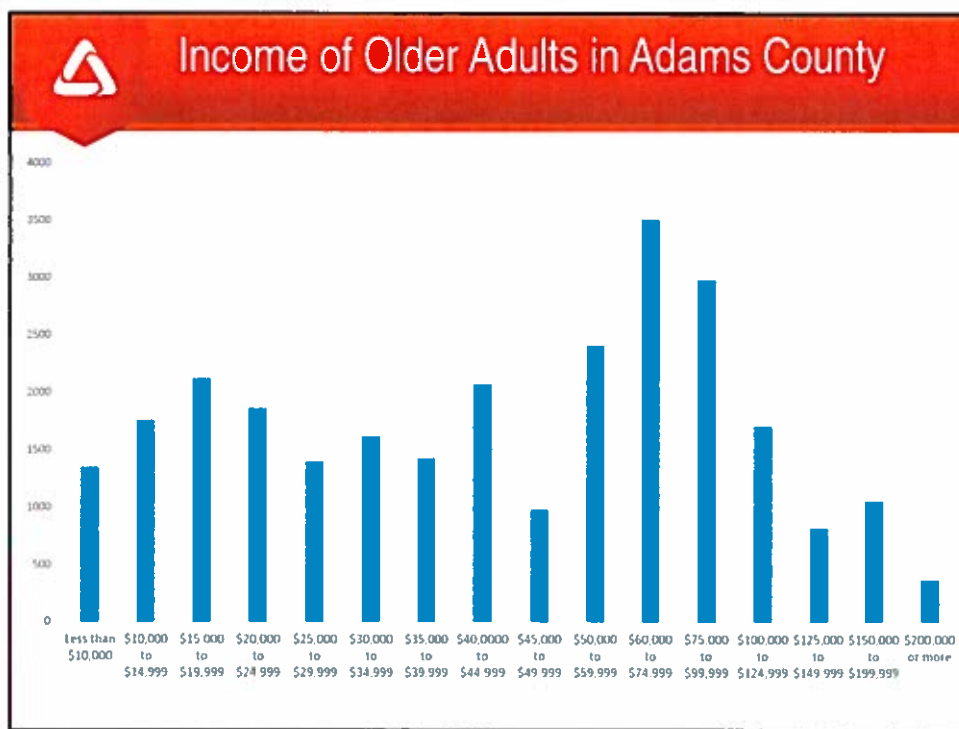
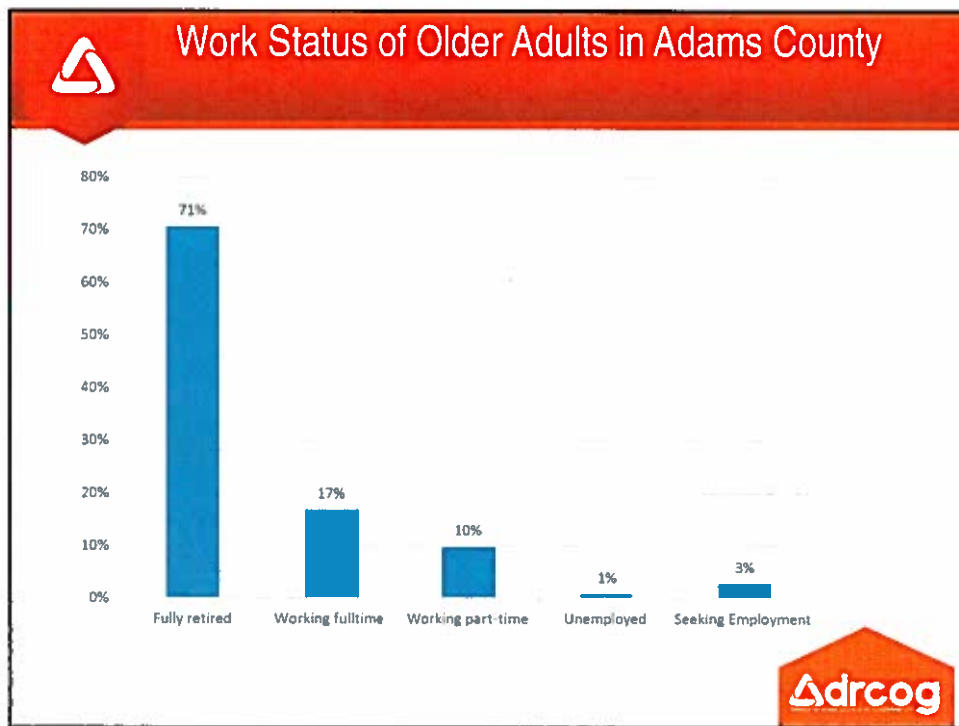
Projected rates of growth by age group: 2015 to 2050

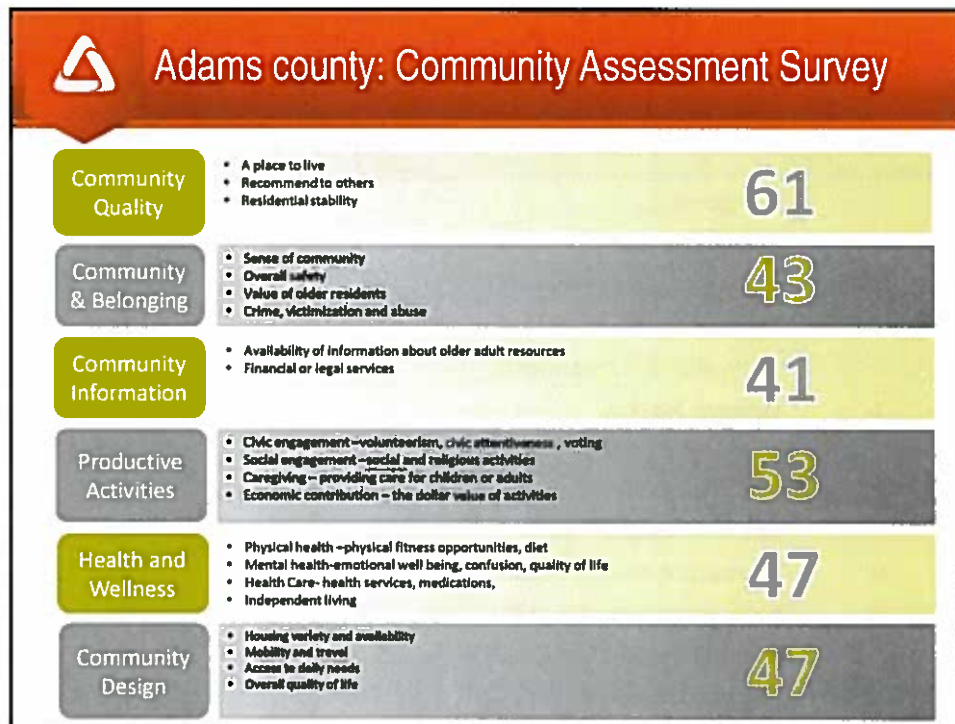


Source: U.S. Census Bureau, State of Colorado DOLA

Adrcog
Arapahoe Douglas Region Council of Governments








Adams County Older Adults Need

Basic:

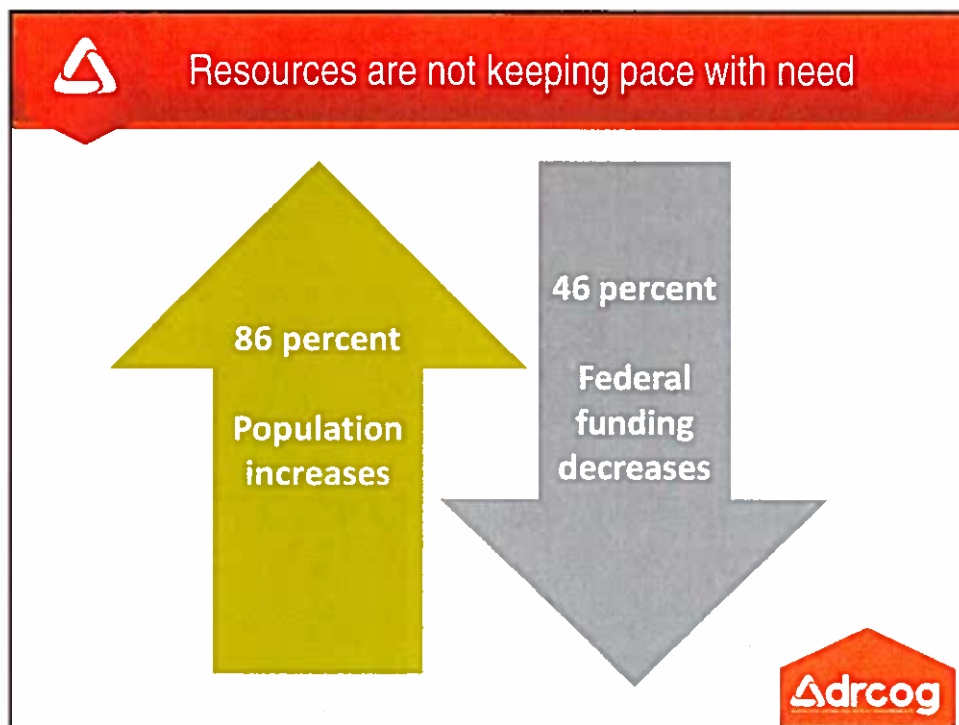
- Information and assistance
- Availability of affordable quality housing
- Mobility and Transportation
- Employment opportunities Home maintenance
- Yard maintenance
- Home maintenance
- Day care for older adults
- Caregiver support
- Legal assistance
- Financial assistance

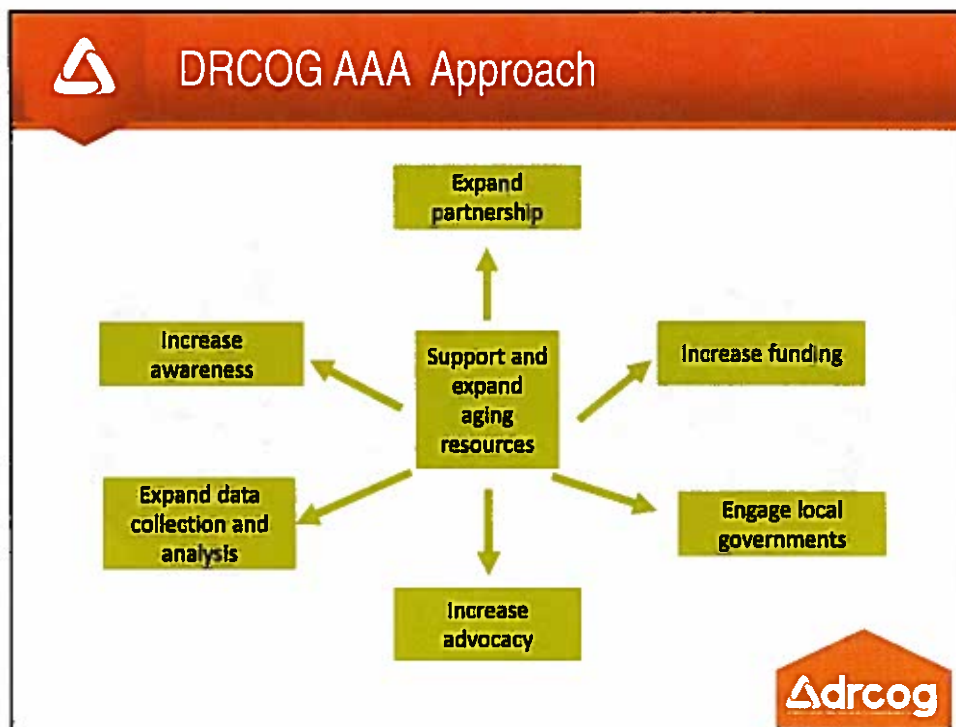
Social:

- Meaningful activities
- Voice heard and valued
- Opportunities to engage
- Ability to contribute

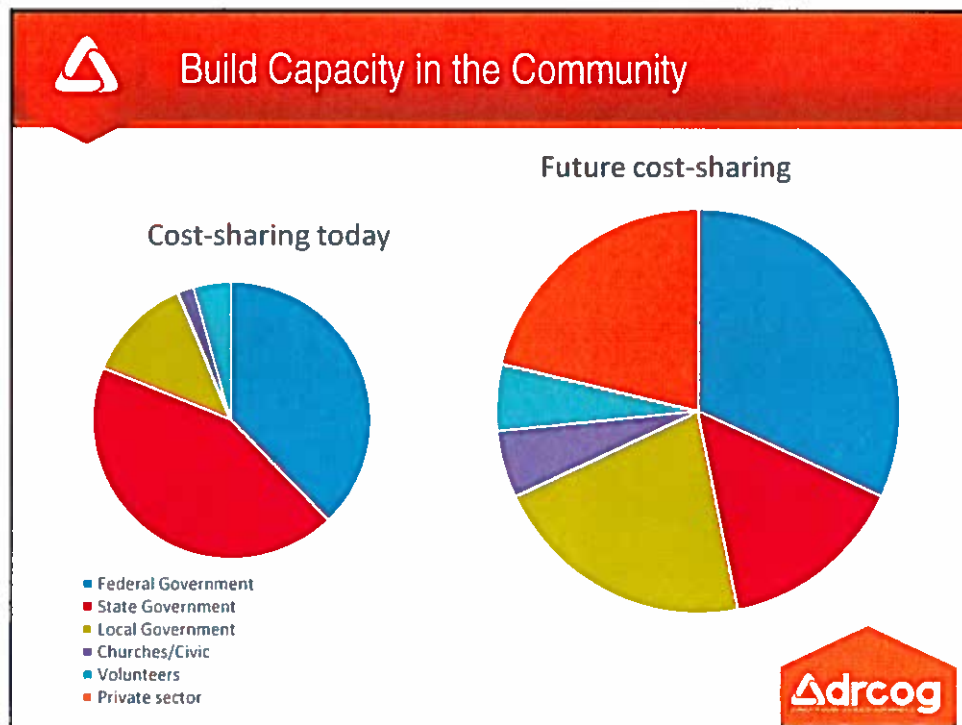


 Community Conversations		
Priority	Service	Votes
1	Transportation	298
2	In-Home Service	269
3	Home Repair/Chore Service	187
4	Nutrition Service	185
5	Information and Assistance	158
6	Caregiver Support	142
7	Material Aid	129
8	Care Management	122
9	Counseling/Mental Health	113
10	Outreach/ Public Information	107
11	Ombudsman/Elder Abuse Prevention	98
12	Health Promotion/Education	87
13	Screen and Evaluation	65





 Advocacy Efforts			
			
Federal Advocacy	State Advocacy	Regulatory Changes	Veterans Programs
Reauthorization of the Older Americans Act Appointed to a national workgroup <ul style="list-style-type: none"> Funding formula Update programs and services Improve ability to combine funds 	Increased funds for Older Coloradoans' Act Increased funds for senior transportation Expansion of the PACE Ombudsman Programs	CDPHE – Updated Assisted living Regulations PACE Ombudsman Program regulations Health Care Policy and Finance – changes to community transitions programs	Veterans Directed HCBS <ul style="list-style-type: none"> Payment reform Expansion on the program Advocacy for veterans struggling to get service Veterans Transportation





The Time for Advocacy is Now!




WHY GET INVOLVED THE OLDER AMERICANS ACT

- 1

You love your grandparents.

The Older Americans Act supports more than 11 million older adults each year by providing a wide range of services, including: transportation services, nutrition assistance, support and respite for family caregivers, protection against elder abuse, and job training for seniors.


- 2

You care about social justice.

The Older Americans Act protects seniors from financial fraud, physical abuse, and abuse in long-term care facilities, like nursing homes, through the Long-Term Care Ombudsman and other programs. Other programs in the OAA, like home delivered meals, family caregiver support, and community service opportunities, go first to lower income families and families with the greatest need.


- 3

You want to help families and lower health care costs.

By supporting home- and community-based services and family caregivers, the OAA helps many older adults avoid costly institutional settings that can drive up health care costs. This can help people live your grandparents and parents to age with dignity and independence in their homes and communities.





For more information about the OAA, visit <http://www.aoa.gov/OAA/Programs/OAAforSeniors.aspx>

Or share this info on social media with #OlderAct

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Seniors in Adams County

What is being worked on?

- Poverty Reduction Taskforce was established to look at specific groups of people and geographic areas in the county. Dozens of agencies have been involved. “Seniors” were a specific group that was targeted.
 - Seniors Poverty Reduction group focused on three key areas:
 - Affordable Housing for Low to Moderate income seniors
 - Affordable and appropriate Transportation options
 - Ease of access to Public assistance programs and community resources
- Community Enrichment Facebook Page
 - Established to give a portal to county, municipality and non-profit providers a place to share resources, fairs and other events aimed at helping county citizens.
- Mapping of multiple demographics in the county
 - Data was gathered to show numerous factors involved in poverty including:
 - Transportation (where people come and go from)
 - Neighborhoods with high levels of poverty
 - How to target outreach

What will be starting soon?

- Aging Well in Adams County webpage
 - Webpage designed for seniors and their caregivers to share community resources.
 - Aimed at working on Easing the access to Public Assistance and Community Resources
- Reconvene Senior Poverty Reduction efforts by Sue Bozinovski (sbozinovski@adcogov.org) and Robert J. Sheetz (rsheetz@adcogov.org).