

**GET *More* OUTTA LIFE**



# Senior Advisory Committee Update November 6, 2017

“Quality Community for a Lifetime”



# Older Adult/Senior Advisory Committees

The Senior Advisory Committee's purpose:

- Advise and serve as an information source to senior participants
- Communicate requests to the Parks and Recreation Department
- Assist with fundraising
- Provide outreach services

Committee members are extremely valuable to staff by representing a range of interests and activities and serving in a variety of roles. They represent active members who are interested in working with City staff to help make this a *Quality Community for a Lifetime!*



# Older Adult/Senior Advisory Committees

- Senior Advisory Committees:
  - Outreach
  - Program/ Wellness
  - Umbrella

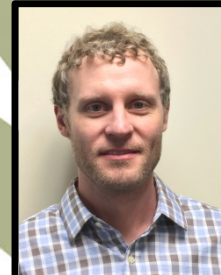
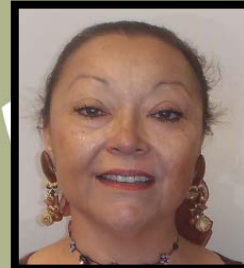
*18 seats were filled for 2017 after extensive recruitment period in December of 2016*



# 2017 Accomplished Goals

- Completed a total of **12** action items in 2017
- Ideas were generated by older adults and seniors at the annual Focus Group meeting that took place in January
- Advisory committee members organized and prioritized ideas
- Each advisory group then selected a few ideas from the list as 2017 committee action items





## Program/Wellness Committee –

Thelma Cole, Linda Fortney, Ollie Grimard, JoAnn Hardt, Carole Harvell, Sue Horner (not pictured), Jennie Loveridge, Clara McKee, Dona Nunlee, Beth Scott, JoAnn Vail, Shirley Valentine  
Glen Batista (staff), Zach Roth (staff)

Purpose: Provide feedback, suggestions and program ideas regarding the older adult/senior program especially focused on the upcoming brochure.



# Program/Wellness Committee 2017 Accomplishments

## 1. Seniors Center's Got Talent Show

The talent show event will take place Tuesday evening, Nov. 29 @ the Yellow Rose Event Center. This event is part of our Senior Wellness Week during the last week of November. Included will be senior acts as well as assistance from our Youth Advisory Committee. Event will be heavily marketed to the public.



## 2. Holiday Meal Program

Senior Advisory Committee members have set a goal of delivering 50 meals to homebound seniors within Commerce City. Committee members are working on a new location that can provide meals that include turkey with all the fixin's.



# Program/Wellness Committee 2017 Accomplishments

## 3. Dance and Karaoke Events

Successful Senior Dance Mixer held on Friday, October 13 at Eagle Pointe recreation center. Karaoke with Root Beer Floats event will take place on Friday, November 3.

## 4. Youth and Senior Advisory Collaboration

Youth Advisory Committee will be helping at the talent show event with three performances. Senior and Youth Advisory Committees held a spring idea sharing event.

## 5. Non-traditional Therapy Class

A Coloring Group (Art Therapy) held a successful kickoff event. The therapy combines meditative and social benefits. A Music Therapy class was also held on September 8 that was very well received.







## Outreach Committee –

George Maxey, John Meyers (not pictured), Sandy Schmoller, Tillie Villarreal, Linda Wulf, Frances Zacek  
Jodi Hardee (staff), Derrick Tripp (staff)

Purpose: Assists staff with planning, coordinating and leading outreach efforts to target older adults/seniors in the Commerce City area or Adams County at large.





# Outreach Committee 2017 Accomplishments

## 1. Good Friends Scholarship

A new pamphlet is being created that will be easier to read and apply for scholarship money. We have found creative ways to use this money including providing holiday meals for homebound seniors and free coffee for our senior center users.

## 2. Park Banners

Park banners are being created to advertise the senior center, senior advisory committee recruitment and senior events to the public.



# Outreach Committee 2017 Accomplishments

## 4. Distribution of marketing material

We are continuing to utilize a communications plan that includes identification of good locations to present marketing material. Welcome packets are continually being handed out at events and in the center.

## 5. Participation in community event

Our group was present at local events including Neighborhood Outreaches and Pancake Breakfast encouraging seniors in the community to join the fun at our senior center.





## **Umbrella Committee –**

**Jennie Loveridge, Clara McKee, George Maxey,  
JoAnn Vail, Linda Wulf, Derrick Tripp (staff)**

Purpose: To enhance communication amongst standing and special project committees, represent their standing committee during quarterly updates, assist staff in the creation of meeting agendas, and participate in communication with City Council as well as outside organizations/departments.



# Umbrella Committee 2017 Accomplishments

## 1. Cross Committee Communication

All committees met mid year at a workshop to share information, brain storm, and establish a universal intent.

## 2. Meeting Presenters

Our group invited representatives from community organizations to speak at the Umbrella meetings on variety of topics to give the group a better understanding of what is going on throughout the community.

## 3. Youth Advisory Committee Partnership

On Monday, January 23 a new partnership began between Senior Advisory Committee and Youth Advisory Committee. Groups worked together on events including the talent show, dance mixer, and educational classes.



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**Questions?**