## City of Commerce City, Colorado



WHEREAS, Mental Health Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and

WHEREAS, everyone is affected by mental health with one in four Coloradans experiencing mental health conditions or substance use disorders, or both, each year; and

WHEREAS, half of all chronic mental illness begins by age 14 and three quarters by age 24, and early detection and support for young people promotes better long-term health; and

WHEREAS, Colorado communities are stronger and healthier with robust, local mental health services from prevention and wellness through treatment and recovery; and

WHEREAS, people with lived experience of mental illness and/or substance use disorders get better, live in recovery, and provide invaluable knowledge of how to improve and transform systems of care; and

WHEREAS, people in recovery sharing their stories lift the stigma against mental health conditions and substance use disorders which opens pathways to peer support and a full continuum of mental health services; and

WHEREAS, increased access to comprehensive mental health resources statewide will prevent the inappropriate use of jails to house Coloradans in mental health crisis; and

WHEREAS, Colorado continues to increase access to mental health services that contribute to the promotion of a healthier state;

Therefore, I, Sean Ford, Mayor of the City of Commerce City, Colorado, do hereby proclaim, forever after, May 2017, as MENTAL HEALTH MONTH



In witness whereof I have hereunto set my hand and caused this seal to be affixed on the first day of May 2017.

CITY OF COMMERCE CITY, COLORADO

Sean Ford, Mayor