

City of Commerce City, Colorado



Proclamation



WHEREAS, a sense of belonging and inclusion in communities is vital for the well-being and mental health of BIPOC (black, indigenous, and people of color) individuals; and

WHEREAS, community-led spaces such as cultural hubs, areas in which people of a specific cultural background have come together to live, provide services, or connect with one another, are vital sources of belonging that promote overall mental health and wellness; and

WHEREAS, connection with one's culture and community is key to supporting overall mental health. Individuals who have strong connections to their communities have better mental health outcomes including lower rates of suicide, violence, and feelings of isolation; and

WHEREAS, no one knows a community better than those within the community itself. In order to move toward a more mentally healthy future, community-led action must be prioritized and sustained; and

WHEREAS, advocating for mentally healthy environments must prioritize access for all. Strong community support requires an overall understanding that every person is deserving of a healthy environment and has a role in the wellness of those around them.

NOW, THEREFORE, BE IT RESOLVED, that the City Council of the City of Commerce City hereby designates July 202 as Bebe Moore Campbell National Minority Mental Health Awareness Month and encourages residents to increase awareness and understanding of BIPOC mental health, the steps our citizens can take to protect their mental health through community-led action and organizing, and the need for appropriate and accessible services for all BIPOC people with mental health conditions.



Steven J. Douglas, Mayor