

# City of Commerce City,



## Proclamation

*WHEREAS, Mental Health Awareness Month has been observed since 1949 to raise awareness of mental health conditions and the importance of mental health; and*

*WHEREAS, mental health promotion starts in childhood, and all Coloradans benefit from access to early health education, prevention, and intervention, and half of all chronic mental illness begins by age 14 and three quarters by age 24, and suicide is now the leading cause of death for youth between ages 10 through 14; and*

*WHEREAS, more young Coloradans need to access emotional and mental health support every day in the community and during the school day, and schools recognize that increased access to services and support within the school day is crucial to assisting our youth; and*

*WHEREAS, early childhood and family services that emphasize strong family relationships and healthy children, foster individual well-being across our communities; and*

*WHEREAS, Colorado continues to increase access to services that contribute to the promotion of a healthier state and make Colorado a leader in mental health in the United States.*

*NOW THEREFORE, BE IT RESOLVED THAT the City Council of Commerce City proclaims the month of May 2024 as Mental Health Awareness Month in Commerce City, Colorado, and encourages all members of the community to normalize discussions of mental health and seek help when needed.*



In witness whereof I have hereunto set my hand and caused this seal to be affixed on the fifteenth day of April 2024.

CITY OF COMMERCE CITY, COLORADO

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Steven J. Douglas, Mayor