

# Senior Commission: 2023 Annual Update

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August 21, 2023

Chair Carli Plummer



# Senior Commission Members

Carli Plummer  
Carol Taylor Boyd  
Mary K Natho  
Carole Harvell  
Anita Mercado  
George Maxey  
Jennie Loveridge  
Mary Chan  
Myrna Ferguson

Tillie Villareal  
Diane Narvaez  
Gabriela Adeshewo  
Tina Ledesma  
Councilmember Noble  
Mayor Pro Tem Allen-Thomas

# About Senior Commission

- 16 members (9 voting, 2 alternates, 2 City Council members & 3 non-voting, ex-officio members)
- Hybrid meetings are on the 2<sup>nd</sup> Thursday of each month at the Civic Center and on Zoom from 3:00 to 5:00 p.m.
- Duties of the Senior Commission:
  - ✓ Advocate on important issues facing senior residents;
  - ✓ Create informational guides;
  - ✓ Promote available senior resources;
  - ✓ Lead and participate in community service events;
  - ✓ Host informational events and seminars.

# 2023 Goals



**Goal #1: In 2023, the Senior Commission will host the 2<sup>nd</sup> Annual Senior Resource Fair with a 10% increase in attendance (130+) through increased community engagement.**



# 2023 Senior Resource Fair

## June 17, 2023 at ACHS

- 200 attendees (senior residents, caregivers, industry professionals & volunteers)
- 37 resource providers (COVID-19 vaccines, nutrition, healthcare, etc.)
- 6 educational classes (public & fire safety, fraud, nutrition, finance, balance)





# 2023 Senior Resource Fair

## June 17, 2023 at ACHS

- Buffalo Run golf, Silver Sneakers & line-dancing demonstrations
- Free breakfast & lunch
- Thank you to our volunteers and everyone who supported the 2<sup>nd</sup> Annual Senior Resource Fair!



# 2023 Goal #2



**WORK IN  
PROGRESS**

**Goal #2: In 2023, the Senior Commission will build a working partnership with the Senior & Family navigator by meeting with them at least two times at monthly meetings.**

- Met with Community Well-Being Team in January 2023
- Will meet with Senior & Family Navigator in Fall 2023
- Senior & Family Navigator attended Senior Resource Fair planning meetings, and provided support and outreach to senior housing communities

*Goal #2 – Estimated Completion Date of Fall 2023*



# Goal #3



**Goal #3: In 2023, the Senior Commission will conduct four (4) off-site outreach events within the Commerce City senior community and develop a follow-up procedure.**

- March 2023: Senior Listening Session at Eagle Pointe – 35 Attendees
- **Lunch & Learn on August 31, 2023 from 11:00 a.m. – 1:00 p.m. at Eagle Pointe**
  - Presentation by SACFD on Senior Fire Safety
  - Discussion on challenges and needs of Senior Community
  - Refreshments and raffle
- Outreach Events 3 & 4 will occur in Fall 2023

*Goal #3 – Estimated Completion Date of December 2023*





# Goal #4



**Goal #4: In the next 2 to 3 years, the Senior Commission will identify and develop a policy recommendation to present to the City Council that addresses a need of the senior community.**

- City Clerk's Office presented on how to identify and develop a policy recommendation
- Utilize findings of Senior Needs Assessment to start the process

# Other Accomplishments

- ✓ Recommended community service projects be included in Senior Commission powers and duties
- ✓ Participated in 2022 Fall Fest & 2023 Memorial Day Parade
- ✓ Distributed fans in partnership with Adams Co. Food Bank to seniors experiencing extreme heat



# Questions?



*Commissioners participating in Memorial Day Parade.*



*Commissioners hosting a craft table at Fall Fest.*