## City of Commerce City, Colorado



WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Commerce City Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

NOW THEREFORE, BE IT RESOLVED THAT the City Council of Commerce City proclaims the month of June 2018 as Mental Health Month and encourage all our citizens to pursue preventative health practices and early detection efforts.



In witness whereof I have hereunto set my hand and caused this seal to be affixed on the fourth day of June 2018.

CITY OF COMMERCE CITY, ÇOLORADO

Sean Ford, Mayor