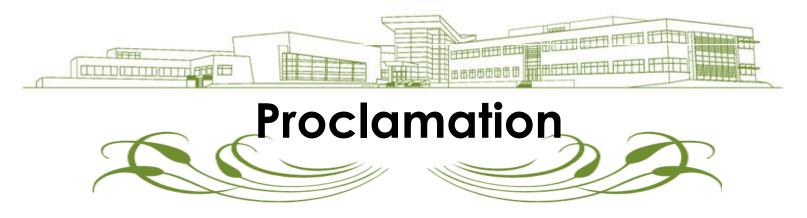
City of Commerce City, Colorado



Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; And

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and Whereas, fathers who stay connected to their children and maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, men who are educated about the value that preventive health care can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, the City Council of Commerce City, Colorado declares June 2023 be Men's Health Month in Commerce City and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year

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In witness whereof I have hereunto set my hand and caused this seal to be affixed on the fifth day of June 2023.

CITY OF COMMERCE CITY, COLORADO

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Benjamin A. Huseman, Mayor