

Commerce City Senior Commission 2024 Annual Update

July 15, 2024

Carli Plummer, Chair



Who We Are

The Senior Commission is a group of volunteers coming together to serve the needs of Commerce City Senior Residents.

We consist of 9 voting members, 2 alternate members, 3 Ex-Officio members and 2 City Council Members. Some members have been with the Commission since its inception in 2017 and some are new members of our community. Together they bring a wealth of experience, knowledge and commitment to the Commission and its purpose.

Please Meet Our Commissioners:

- Carli Plummer, Chair
- Carol Taylor Boyd, Vice-Chair
- Mary K Natho
- Carole Harvell
- Diane Narvaez
- Melinda (Sue) McGowan
- Scott Hefty
- Tina Ledesma
- Gabriela Adeshewo
- Myrna Ferguson
- Councilmember Douglas
- Mayor Pro-tem Noble
- VACANCIES (1, 2, 1)

What We Are About

OUR MISSION

The Senior Commission's mission is to advise the City Council, foster greater understanding of senior citizens, encourage greater senior citizen participation in community issues, inform the community of available services, programs, and resources, and advocate for issues of importance of older adults.

- Duties of the Senior Commission:
 - ✓ Advocate on important issues facing senior residents;
 - ✓ Create informational guides;
 - ✓ Promote available senior resources;
 - ✓ Lead and participate in community service events;
 - ✓ Host informational events and seminars.



2024 GOALS



2024 Goal #1



The Senior Commission will host the 3rd Annual Senior Resource Fair with 250 attendees, 35 vendors, and activities and educational content.

- ✓ Held Saturday, June 8th @ **Eagle Point Rec Center**
- ✗ 175 attendees, 28 vendors, activities, educational content
- ✓ Partnered with Community Relations and PRG-Active Adults to include information on all applicable communication channels.
- ✓ Increased attendance at educational classes.
- ✓ Continue to collaborate with local organizations to find more vendors to participate.



2024 Goal #2



The Senior Commission will host three Lunch & Learn events, and advocate for expanded communication with senior residents.

- ✓ 1st Completed on April 26th. Record of 90 attendees. Presentations by SACFD on Safety + Civic Academy 101 by the Center of Innovation
- ✓ 2nd Scheduled on July 30th. Presentation by the Adams County District Attorney's office on Elderly Fraud Prevention
- ✓ 3rd Scheduled on September 18th. – Planning to invite the Senior Planet
- ✓ Lunch & Learns will continue to invite resource and nonprofit providers to share free to low-cost services and other important information.

2024 Goal #3

Goal #3: In 2024, the Senior Commission will conduct a service project that contains a social component.



Will expand the annual service project to offer a social event for senior residents.



Scheduled TBD 4Q



Image from 2023 Service Project

3 YEAR GOAL (2022-2024)



Goal #4:

In the next 3 years (by 2024), the Senior Commission will identify and develop a policy recommendation to present to the City Council that addresses a need of the senior community.



Using the findings from the 2023 Senior Needs Assessment, identify a need of the senior community.



Meet with subject matter experts to understand current state of living for Senior's in the community.



Develop policy recommendations and present to City Council.

2023 – 2024

A Year of Accomplishments

2023

– 2ND Annual Senior Resource Fair – Adams City High School

EXCEEDING All Goal Measures

- ✓ Approximate 200 attendees (110 seniors + 90 family members, industry professionals, staff & volunteers)
 - ✓ 37 Vendors
 - ✓ 6 Educational Classes / Presentations
 - ✓ Buffalo Run Golf, Silver Sneakers & Line Dancing Demonstrations
- #### – 3 Lunch & Learns @ Eagle Point / Bison Ridge
- ✓ Over 175 attendees
 - ✓ Presentations by Via Transportation, SACFD Fire Safety, CCPD Fraud Safety
 - ✓ Listening sessions/Round Table Discussion re: Senior Needs & Resources
 - ✓ Lunches, Raffles, Swag Bags
 - ✓ Spanish Interpreters



2023 – 2024

A Year of Accomplishments (Continued)

— Cocoa & Care Bags Senior Service Events – DEC 2023

- ✓ 3 Senior Facilities (Madonna Plaza, Kearney Plaza, Conter Estates)
- ✓ 150 bags filled with toiletries, home items, winter items & snacks
- ✓ 2 Cocoa & Care parties with cookies, holiday singing, bingo
- ✓ 150 bags hand delivered to residents

— Partnered with our new Senior/Family Navigator

- ✓ Fall Lunch & Learn
- ✓ Commerce City Fall Fest
- ✓ Cocoa & Care Bags Senior Service Events



Image from Listening Session

2023 SENIOR COMMISSION MOMENTS

[Images from 2023 Events](#)



2023 – 2024

Accomplishments and Continuation 2024

- Partnering with NEW FT Senior Navigator
- 1 Lunch & Learn @ Bison Ridge
- 3rd Annual Senior Resource Fair – Eagle Point Recreation Ctr
- City Council Presentation
- Senior Needs Assessment Review & Recommendation

STILL TO COME

- 2 Lunch & Learns, 3Q & 4Q
 - July 30 @ Eagle Point: Fraud Prevention by DA's Office
- New Senior Social Event (4Q)
- **WE ARE JUST GETTING STARTED...**



2024 SENIOR COMMISSION MOMENTS

[Images from 2024 events](#)



THANK YOU FOR YOUR SUPPORT

- SENIOR COMMISSION VOLUNTEERS
- MAYOR STEVE DOUGLAS
- CITY COUNCIL
- PRG
- ADCO HUMAN SERVICES
- CITY STAFF (DEPTS)
- COMMUNITY WELLBEING DEPT

QUESTIONS?